



HIGHLANDS

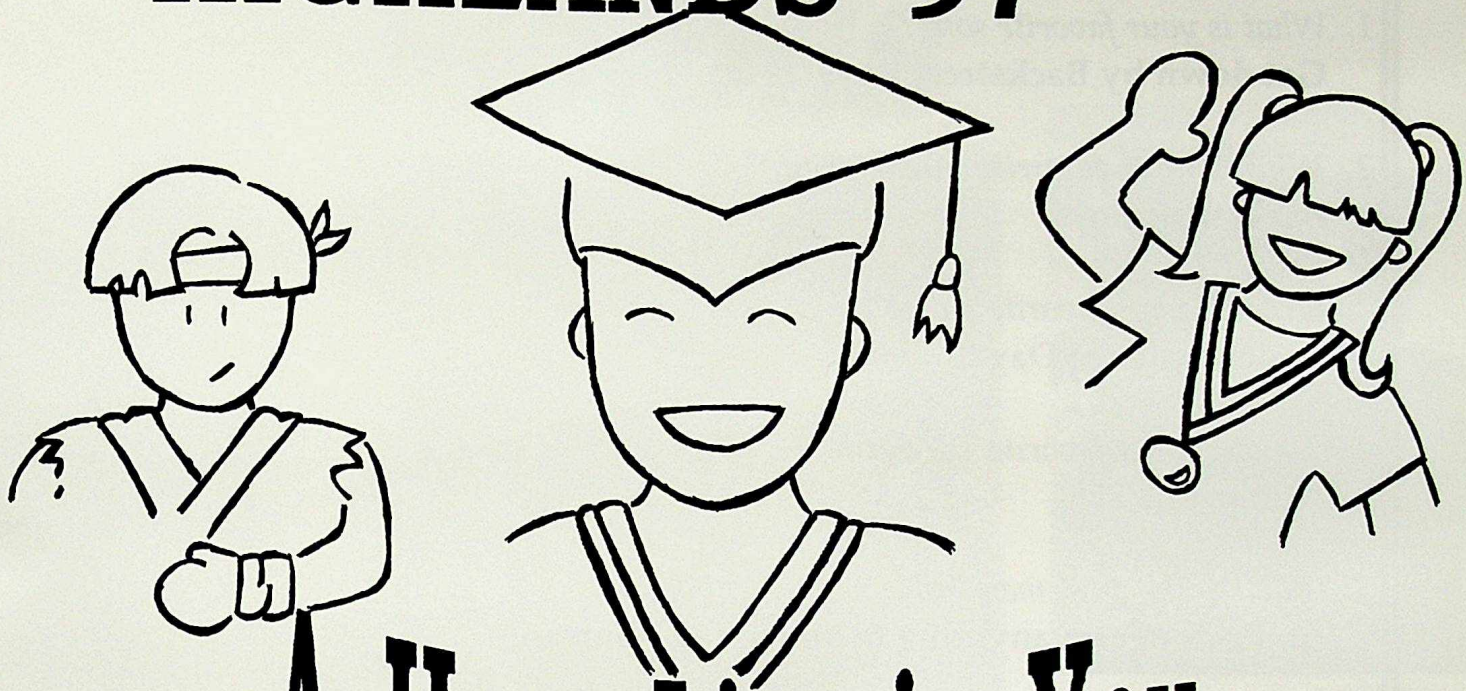




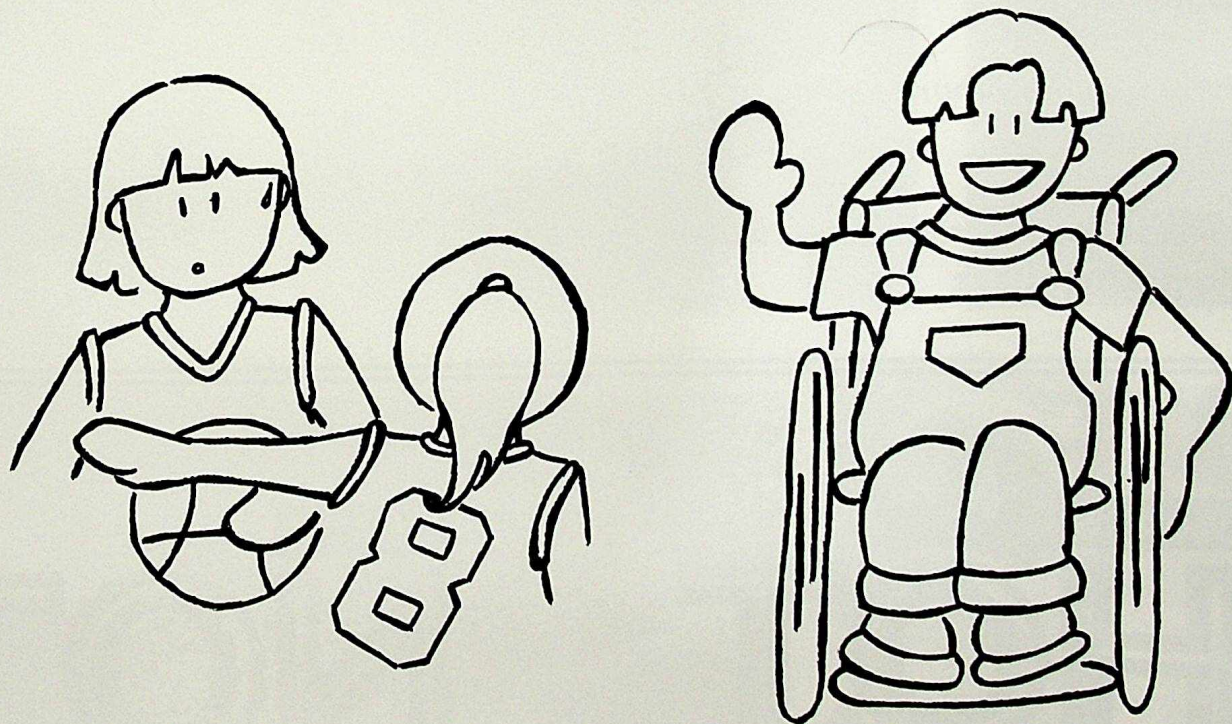
1997

The image features a stylized representation of the year 1997. The digits are rendered in a bold, graphic style with thick black outlines and drop shadows. The '1' is yellow, the first '9' is purple, the second '9' is blue, and the '7' is magenta. The entire year is set against a white background that has a jagged, torn-paper-like edge. Decorative elements include a magenta wavy banner at the top left, a horizontal row of teal dots, and two black dots. A second magenta wavy banner is at the bottom left, with two black dots positioned below it.

HIGHLANDS '97



A Hero Lies in You



designed by Rosanna Tu

Heroic Hits

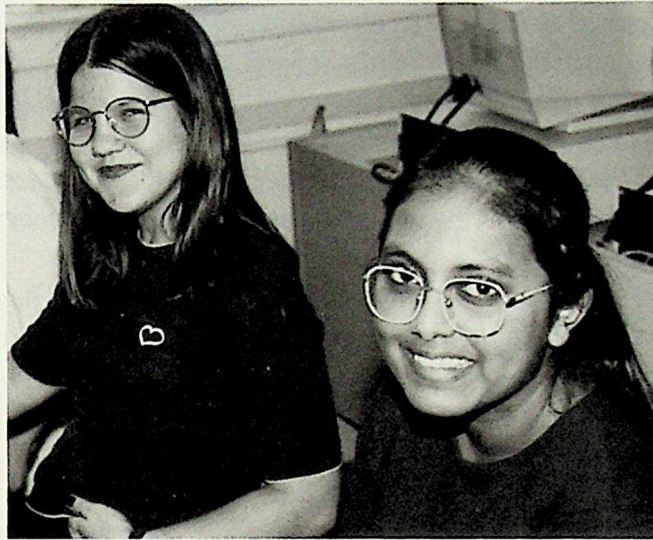
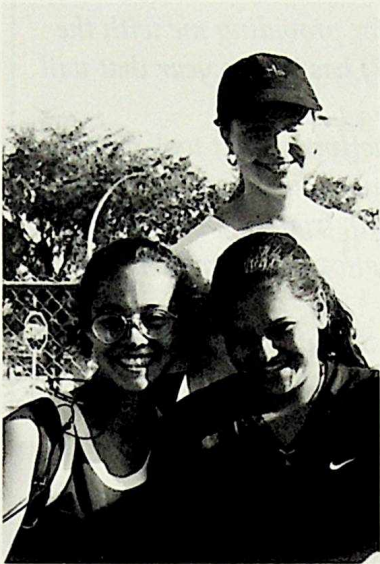
1. *What is your favorite song?*
Get down by Backstreet Boys
2. *Who is your favorite music group?*
Backstreet Boys
3. *What is your favorite movie?*
Independence Day
4. *What is your favorite T.V series?*
Simpsons
5. *What is the most memorable news event of 96/97?*
2- Pac's death/ anything to do with O.J Simpson
6. *Who is your favorite actor/actress?*
Will Smith
7. *Who is your favorite hero?*
Superman
8. *What is your favorite slang word?*
Whatever
9. *What is your favorite style of clothing?*
Prep/Alternitave



WHAT'S
HOT

WHAT'S
NOT

INTRODUCING OUR HEROES



HEROES WITH POWER

A MESSAGE FROM OUR PRESIDENT

I would like to thank the staff and fellow students of Highlands Junior High for providing me with the opportunity to be the School Council President for Highlands. This year (1996-1997) has been a year that will be cherished and remembered by myself, the staff and students.

Each time you look through your yearbook, remember all the special athletic activities that took place and the exceptional school plays directed by Miss Woolston-Young. Also remember when we finally got our school colors changed to blue, gold, and white, and remember the wonderful times shared with friends. Most of all, I hope you remember your accomplishments. As you move on each year, remember that each accomplishment will bring you closer to your individual goals.

Student Council has been great and has shown a lot of school spirit. They have put on good dances and awesome school activities. I would like to thank Student Council for showing excellent school spirit by providing their time, ideas and effort.

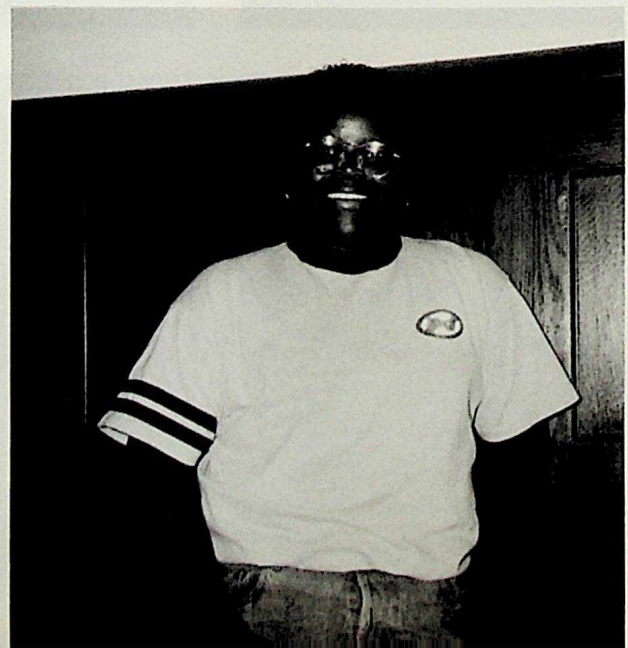
Once again I would like to thank everyone who elected me and thanks for making my last year at Highlands a memorable year.

Teneisha Tomlinson

Student Council

Backrow (left to right): Mrs. Sorenson (Advisor), Morgana Drewicki (Secretary), Julia Luong (Vice President), Teneisha Tomlinson (President), Solly Voss (Treasurer), Ms. Cooper (Advisor)

Frontrow (left to right): Louise Lam (Grade 9 Room Rep.), Alexis Sapera (Social Conveynor), Brianne Wheeler (Grade 8 Room Rep.), Kristen Komperdo (Grade 7 Room Rep.)



BIG SHOT HEROES

PRINCIPAL'S MESSAGE

I believe everyone has the capability of being a hero. A hero to me is someone that does great things without expecting to be recognized for it. The deeds performed can be large or small but no matter the size they leave a lasting impression on people. All students have the potential to be a hero. If circumstances arise it's amazing the types of acts that can be achieved as long as you stay calm, use your head and do what is right. It won't be long before you will be recognized as a hero.

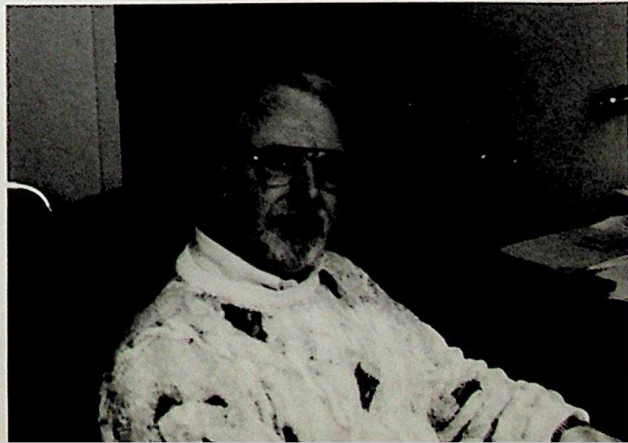
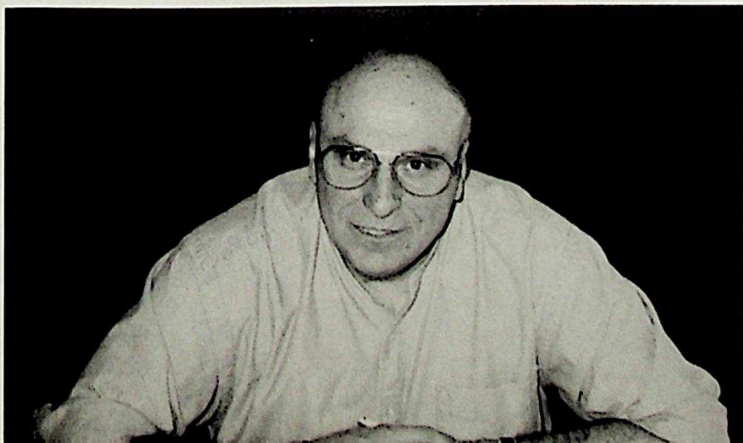
J. Buff

VICE PRINCIPAL'S MESSAGE

What is a hero? The typical definition of this term contains references to persons admired for their bravery, great deeds or noble qualities. We all have numerous individuals that we may refer to as heroes. The list may contain individuals such as Wayne Gretzky, hockey superstar, Billy Bishop, first world war flying ace, Banting and Best for their discovery of insulin, or Henry Ford for the invention of the assembly line. However, there is another group of people that I think deserve our admiration, respect and the label of "hero" too.

In this group you would find individuals who work for the benefit of society in general or for the underprivileged. These heroes have a dream of a better quality of life. They struggle to overcome their own handicaps and limitations imposed on them by society. We all remember Terry Fox and his run across Canada to raise funds for cancer research. What about Robert McDermott who lost an arm and a leg in a farming accident? He went on to become a par 5 golfer and took training to become a rehabilitation practitioner working with physically handicapped young people. Other physically disabled people have been provided with wheel chairs as a result of Ray Pearce and Jack Baumber collecting two and a half million pull tabs from aluminum cans. Other heroes work to provide individuals with assistance in meeting their basic needs or adapting to new conditions. Theresa Stevenson, a Saulteaux Indian has organized a program called "Chili for Kids" that has provided over 95 000 hot lunches for school children in Regina. Steve Ramsankar, principal of Alex Taylor School, has organized programs and provided services to inner city and immigrant children and their families. These individuals are a few of my heroes who have worked to improve our society and given of their time and energy to help others with little thought of reward or recognition.

Alw Irons



H

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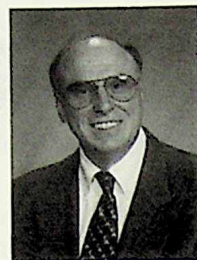
R

O

I

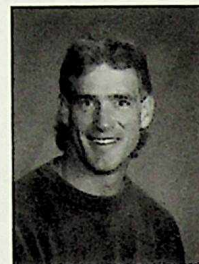
C

Mrs. S Becker
Mrs. J. Bourassa
Mr. F. Buffi
Ms. D. Cooper



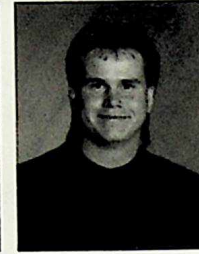
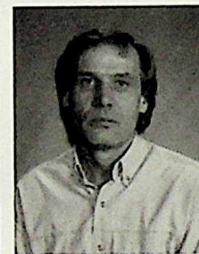
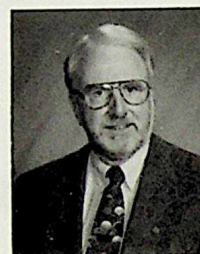
L

Mr. W. Dalton
Mr. M. Delong
Miss M. Drake
Mrs. L. Homer



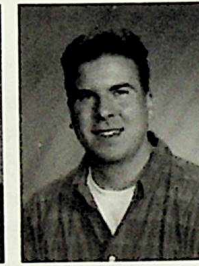
E

Mr. D. Irons
Mr. T. Janisch
Ms. M. Kess
Mr. C. Kozak



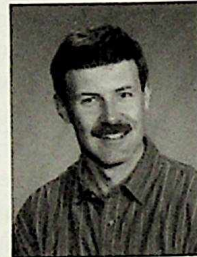
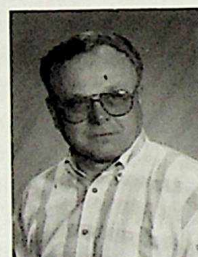
A

Mrs. O. Logvynenko
Mrs. J. Maier
Mrs. B. Newsham
Mr. B. Radmanovich



D

Mrs. E. Richards
Mr. L. Shandro
Mrs. W. Sorenson
Mr. A. Wells



E

Ms. S. Williams
Miss R. Woolston-Young



R

S





OUR SUPPORTING HEROES

Mrs. C. Boyden

Mr. K. Bray

Mrs. C. Dyck

Mrs. J. Gyurek

Mrs. L. Maheden

Mr. D. Seatter

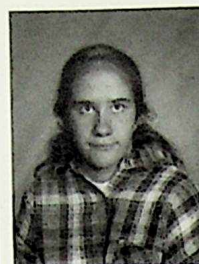
Mrs. D. Stachniak



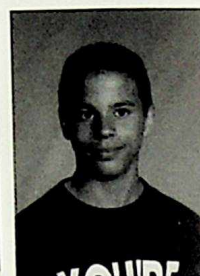
Adapt. Group 1

Jeanette Desjarlais
Lisa Francis
Crystal Grant
Michael Horrigan

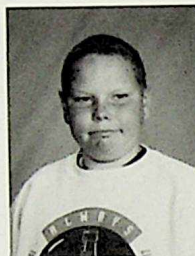
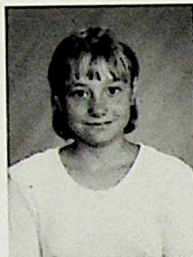
Gr.7



Pardeep Kalay
Danny Lam
Wayne Monkman
Danny O'Dell
Shawn Poetz

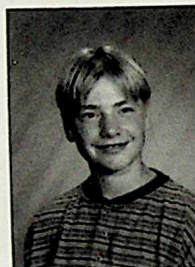


Steven Roy
Khyia Sillanpaa
Nick Ursulak
Sarah Weaver
Kenneth Zuk



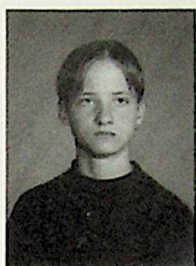
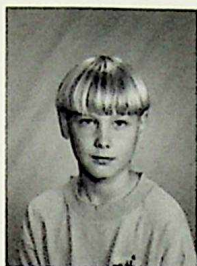
Nathan Cooper
Justin Funk
Melissa Simaey's
Maria Szamosi

Gr.8



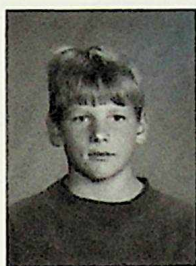
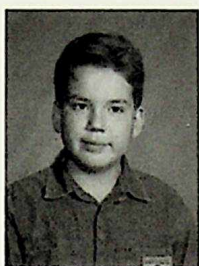
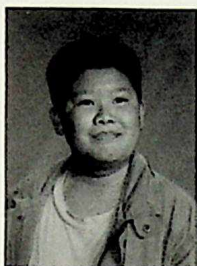
*There's a hero
If you look inside your heart*



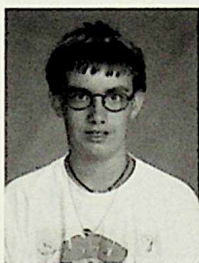


7B

Samuel Bonko
Amanda Bootsman
Jesse Castiday
Lily Rose Favel



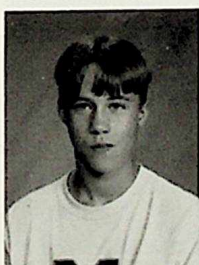
Newton Fong
Bradley Goerz
Scott Hamilton
Kiel Hanks
Henry Kha



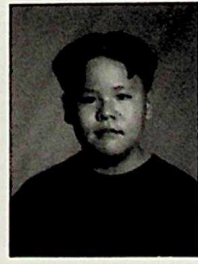
Kristin Komperdo
Nicolas Lathe
Brooklen Lewis
Chelsea Melia
Vanessa Melmoth



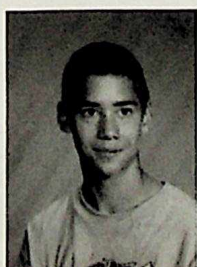
Guy Miller
Kevin Mudryk
Stacy Parragh
Ann Pham
Anish Prakash



Jonathan Schneider
Michael Scott
Ross Seifridt
Maureen Sen
Danielle Severight



Lindsay Stebbings
Jason Strome
Dany Sung
Dennis Tang
Rosemarie Trach

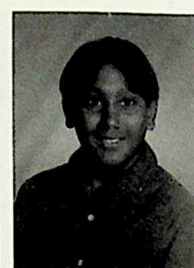


James Walters

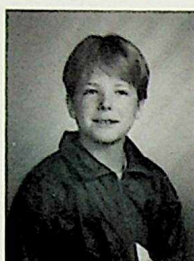
**You don't have to be afraid
Of what you are**

Keith Backstrom
Margaret Boily
Ava Boleska
Varun Chand

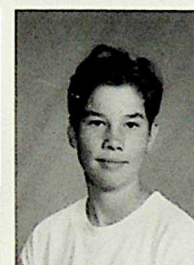
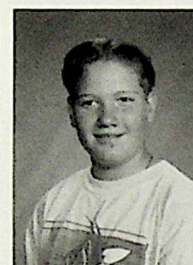
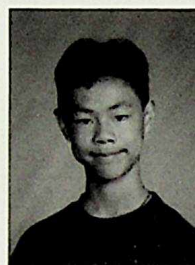
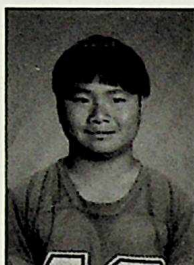
7C



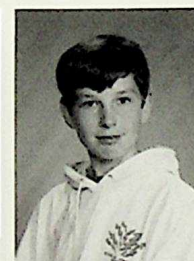
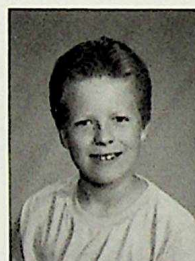
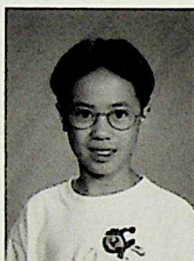
Pringle Chong
Darryl Denty
Ann Gillis
Danny Horta
Erin Jackson



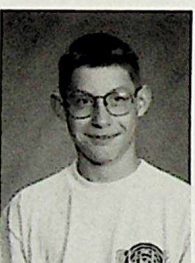
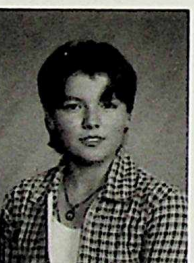
Lawanda Lake
Chao Ma
Dennis Ma
Lawrence McClure
Chad Mclellan



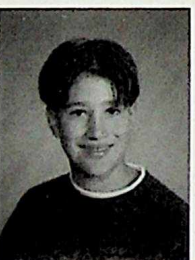
Evelyn Mcleod
Ronny Moc
Blake Olsen
Andy Olszewski
Ryan Richards



Amy Shostak
Shawna Smith
Jeffrey Strome
Tyler Todd
Marina Tran

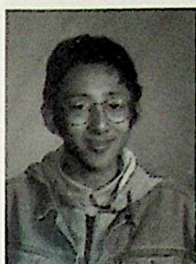
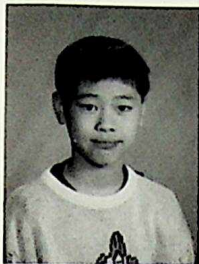


Brenda Truong
Kevin Ward
Christopher White



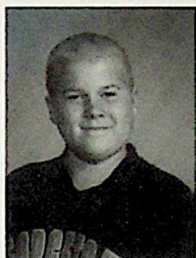
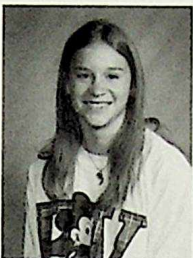
*There's an answer
If you reach into your soul*



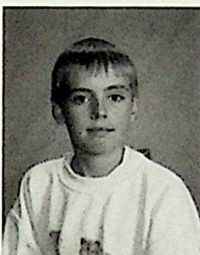
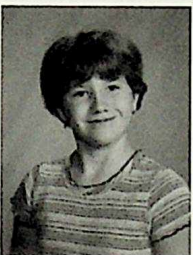


7D

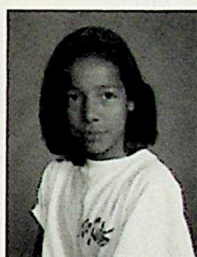
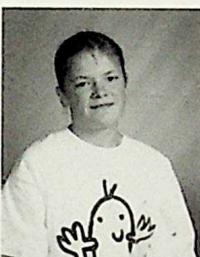
Tho Binh
Crystal Brouwer
Diana Cao
Raju Dhariwal



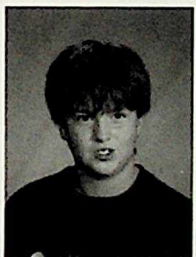
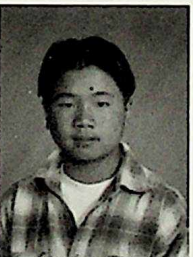
Phillip Galloway
Chantel Gartner
Desirae Hansen
Peter Jerrard
Amber Koyczan



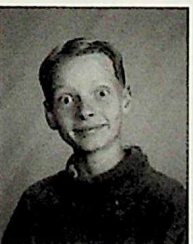
Vanessa Lapratt
Vicki Lutz
Tyler Mcdermand
Sarah Ngo
Natalie Nowicki



Kira Paran
Crystal Pidhaichuk
Mandy Reid
Karen Ridgway
Leslie Ross



Anna Taylor-Haas
Veera Thephasouvanh
Sam Tu
Jonathan Varga
Steven Vass



Lisa Vu
Ryan Williams
David Young



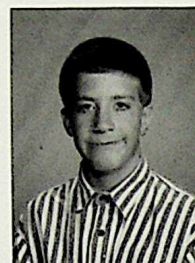
*And the sorrow that you know
Will melt away*

Misty Armstrong
 Natasha Bandura
 Shelly Berezanski
 Lorissa Billey

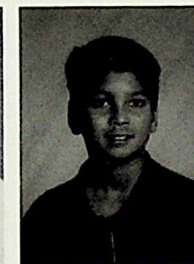
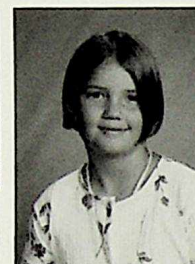
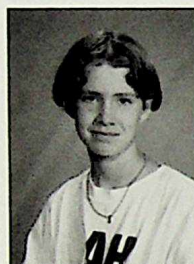
7E



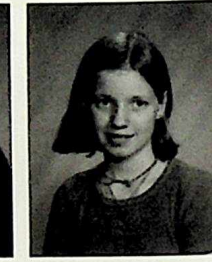
Matt Budzinski
 Sara Campos Silvius
 Clayton Chenoweth
 Carlin Dennis
 Kyle Franzen



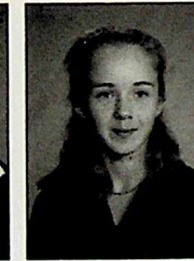
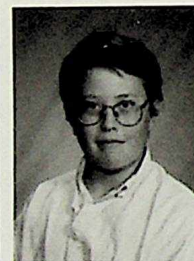
Misty Fraser
 Danielle Gates
 Laura Gillespie
 Nicholas Gounder
 Michael Griffin



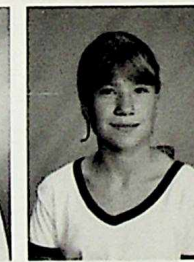
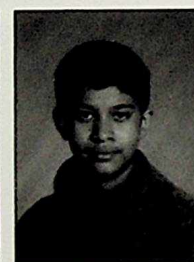
Richard Hopfe
 Heather Iverson
 Sana Jutt
 Paul Kuperus
 Meryl Lawton



Chelsea Lecuyer
 Justin Loveland
 Onice Mejia
 Ashley Nilson
 Jason Ollie



Louzanna Rajah
 Umesh Sahajpal
 Lisa Scott
 Joelene Sheeler
 Thuan Sutherland

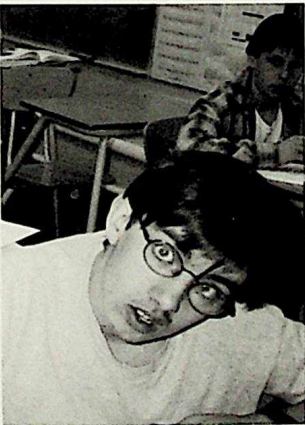


Anna-Marie Weir



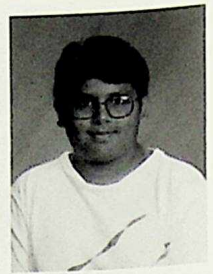
*You can find love
 If you reach within yourself*

GRADE 7 HEROES

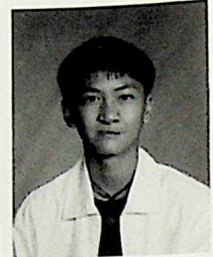
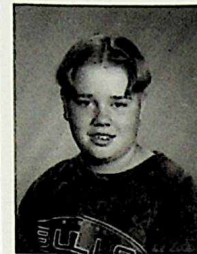
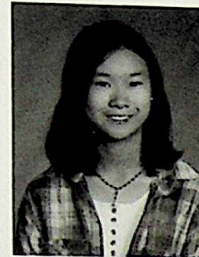
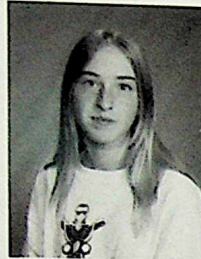


Stephen Baxter
Lacey Bennett
Shannon Bushey
Vimal Chandra

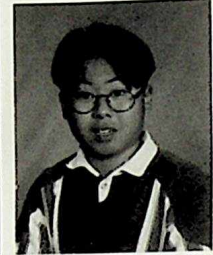
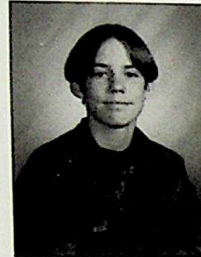
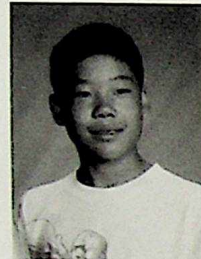
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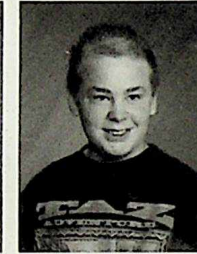
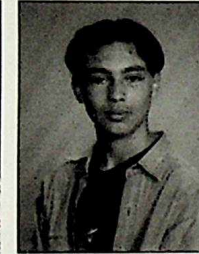
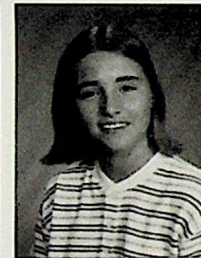
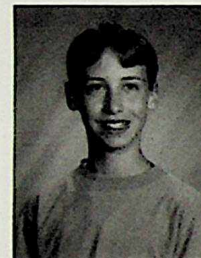
Natalie Eigner
Tiffany Fauvel
Olivia Fong
Derrick Gates
Michael Ha



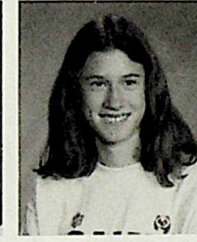
Michael Hayakaze
Scott Ingram
Keri-Ann Kozmak
Stephanie Kozuchowski
Vincent Lee



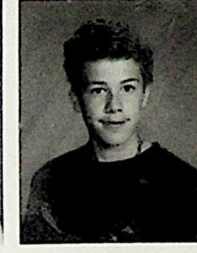
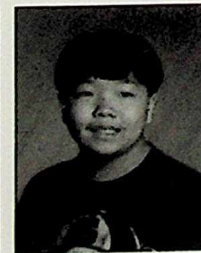
Robert Lupul
Serina Marchesi
Walter Monterrosa
Andrew Neigel
Kelly Olsen



Kyle Purpur
Crystal Raab
Crystal Sham
Sarah Smith
Baodang Tran

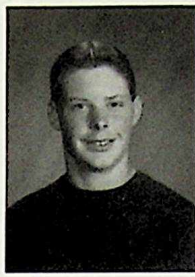
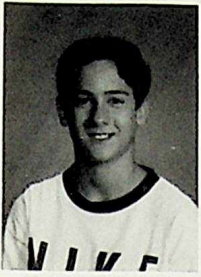


Lieu Tran
Kent Tu
Rosanna Tu
Trevor Tyssen



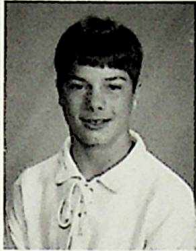
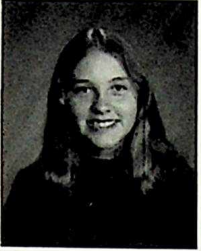
*And the emptiness you felt
Will disappear*



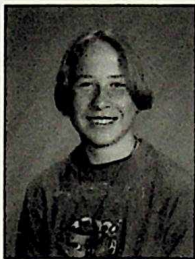
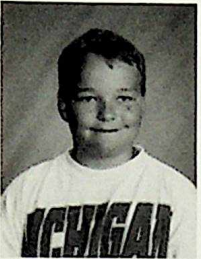


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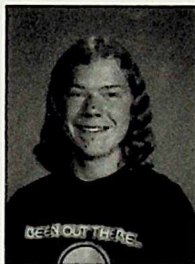
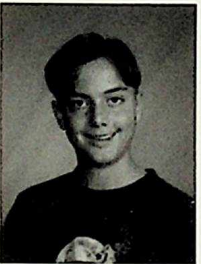
Braddon D'Hulster
Randi Enright
Steven Greenaway
Amy Herity



Alicia Houwing
Kyle Huculak
Saleema Khan
Tait Lawton
Eric Lewis



Matthew Mceachern
Trevor Mcleod
Shane Moore
Sy Nguyen
Nicole Poppe



Timothy Pruden
Nhu Quach
April Reid
Kyle Sargent
Franklin Sayers



Angela Schoonderbeek
Amber St John
Tanya Stuart
Nathaniel Tasker
Jacob Thomas

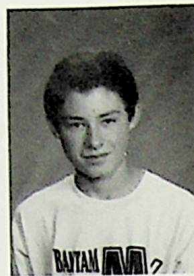
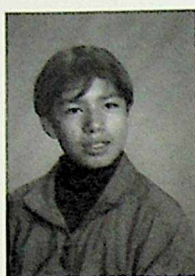


Tyler Woelinga

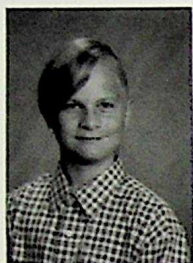
*Lord knows
Dreams are hard to follow*

8C

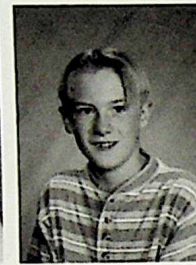
Eliseo Alfaro
Shane Bendera
Matthew Bonko
Larry Brown



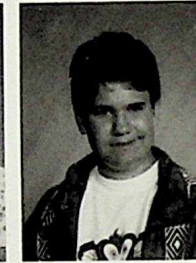
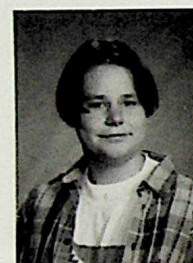
Robin Bruneau
John Frederick
Cathy Gerritsen
Brandon Hamilton
Dustin Hill



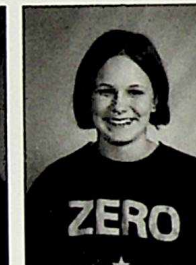
Amber Kostyniuk
Corey Krowchynski
Jeffrey Laplante
Amanda Mackenzie
Craig McCartney



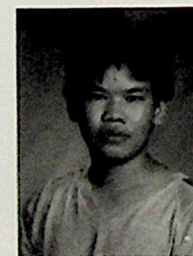
Sean McEwen
Shelley Moell
Kristina Owen
Joey Pino
Christopher Reilkoff



Jordan Summers
Faye Teers
Natasha Teufeld
John Tran
Roger Ulrich

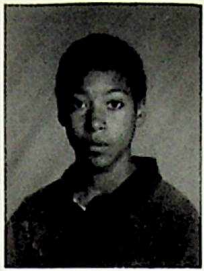


Thang Ung



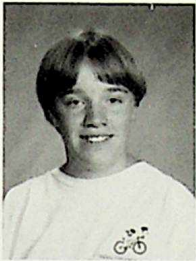
*But don't let anyone
Tear them away*



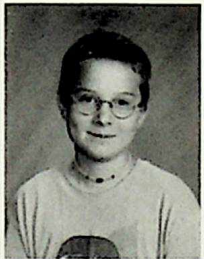


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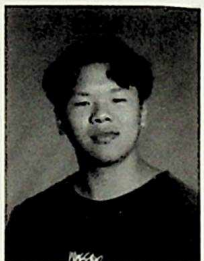
Anthony Aransevia
Wendy Beck
Robert Blakely
Joana Bogas



Jacklyn Bruce
Jennifer Carter
Jennie Cheung
Steven Chu
Shileah Cook



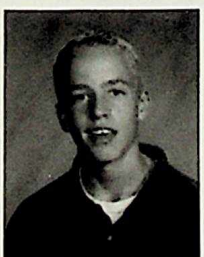
Dina Dumonceaux
Colleen Dumont
Timothy Duong
Thomas Fjellstrom
Trisha Hearn



Stephen Ho
Lisa Hui
Michelle Johnson
Tierra Larocque
Vanessa Maiko



Jamie McCartney
Nearint Neam
Trisha Orgill
Tiffany Pollard
Lacey Tremain



Jesse Trusz
Stephanie Tyler
Brianne Wheeler



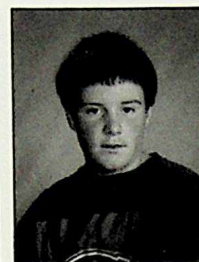
**Hold on
There will be tomorrow**

8E

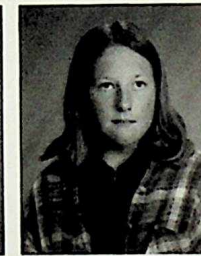
Ryan Amos
Jonathan Backstrom
Renee Charette
Christopher Dunlop



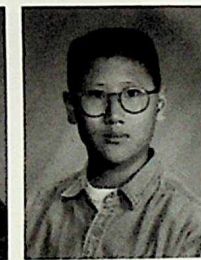
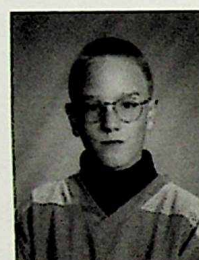
Armando Flores
Petal Hutchison
Angela Jordahl
Kempster James
Tanya Lewis



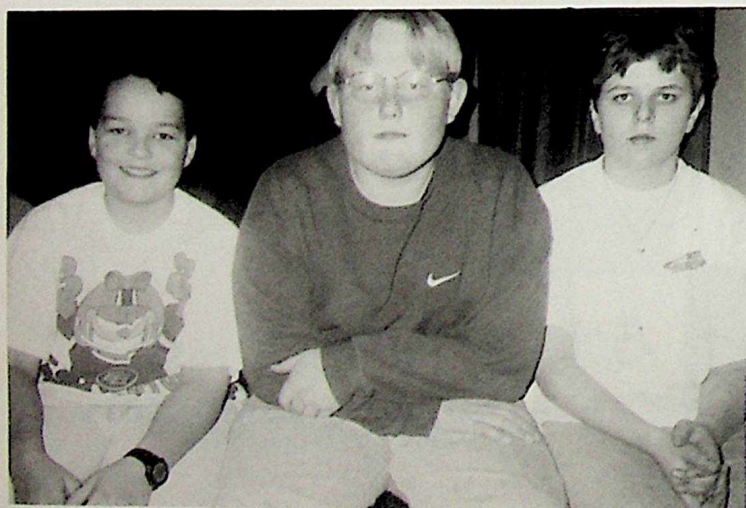
Thomas Lindeman
Stephen Lundin
Harry MacLennan
Ricardo Menjivar
Sarah Messerschmidt



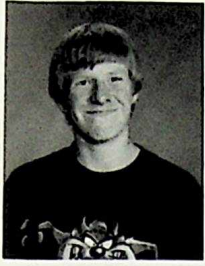
Mitchell Miller
Amanda Paquette
Jonathan Schreiner
Austin Shek
Tim Truong



Steven Woywitka

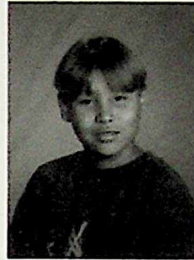
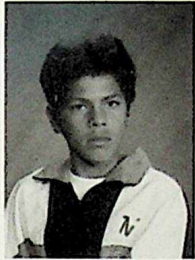
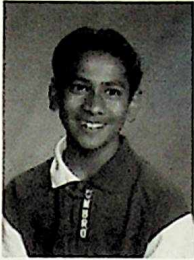
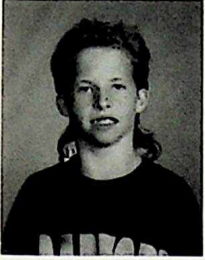


*In time
You'll find the way*

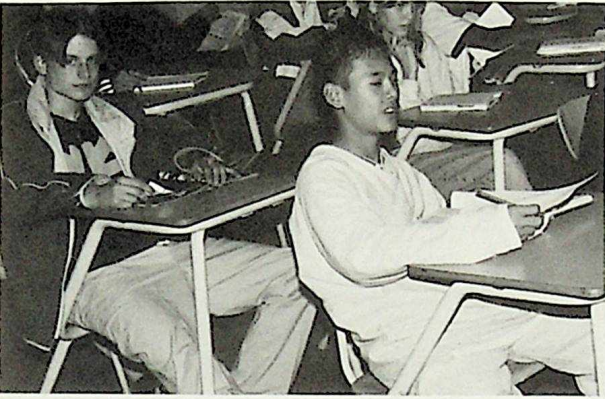


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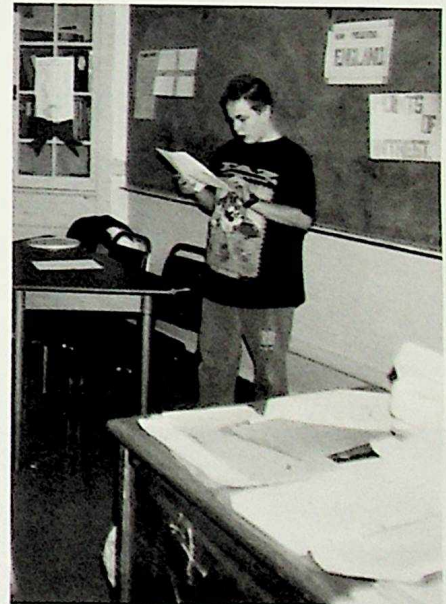
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Randy Franczak
Vanessa Gregg
Darren Lienau



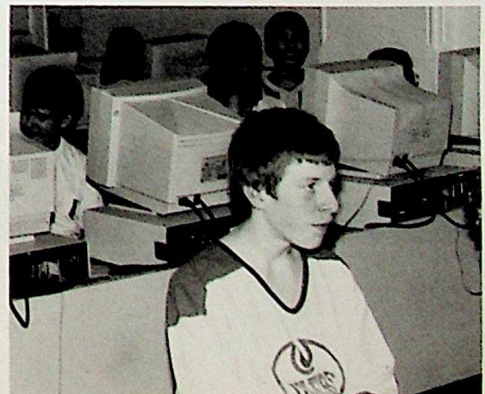
Scott Lund
Michael Martin
Alveen Ram
Christian Reynosa
Elliott Swampy



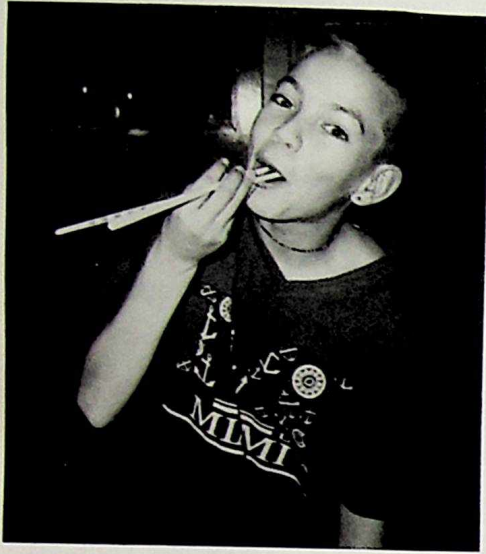
Ashley Vaughan
James White

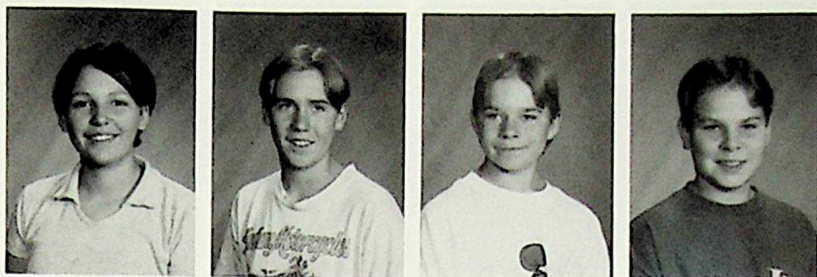


And then a hero comes along



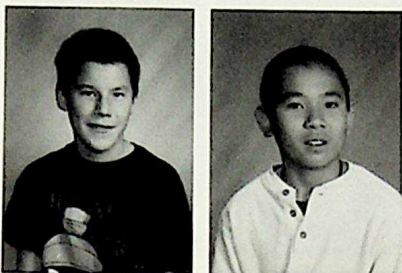
GRADE 8 HEROES



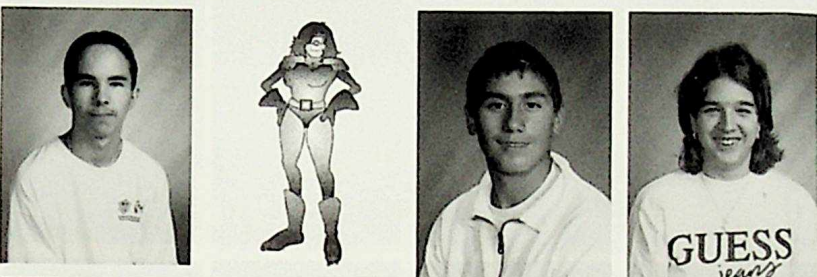


Gr. 8

Adapt. Group 2
Tristin Brand
Adam Campbell
Wayne Dearing
David Kowalski

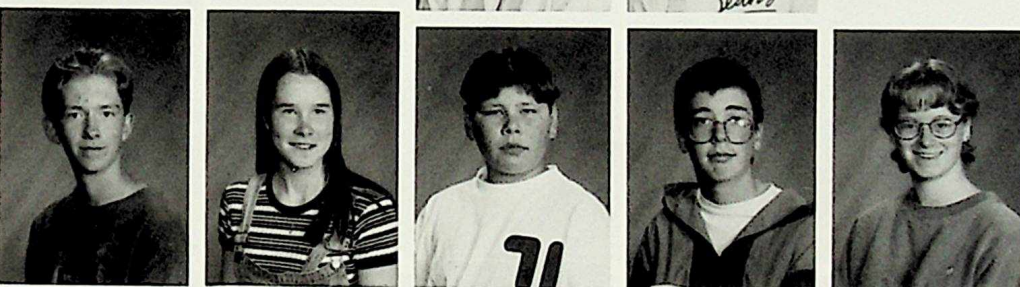


Barrett McIntyre
Martin Tran

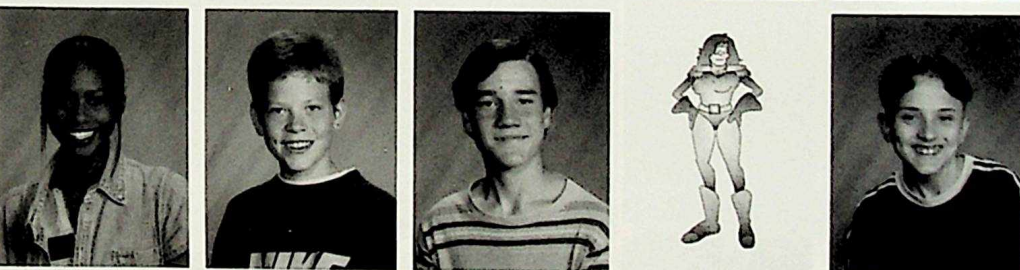


Gr. 9

Terry Beck
Diane Bird
Blaine Boudreau
Trinity Bratland



Curtis Gregory
Melanie Killam
Brad Ladouceur
Nathaniel Loveland
Jennifer McAra



Karen Mowatt
Brad Owen
David Reiter
Jamey Stevenson
Jon Wetzsteir



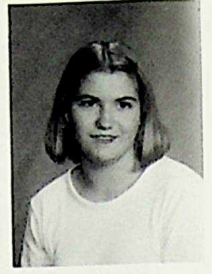
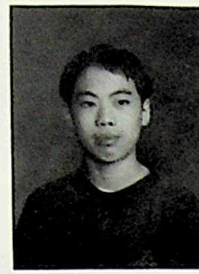
Christopher Woodcock



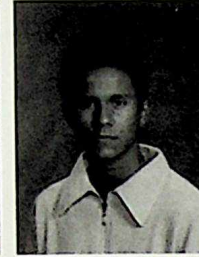
With the strength to carry on

9B

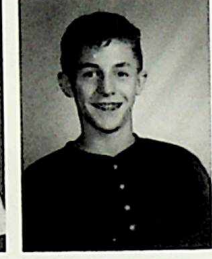
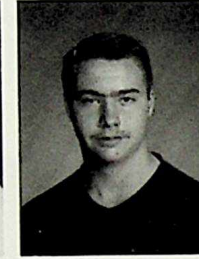
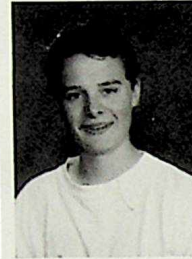
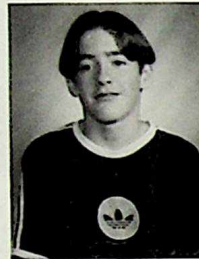
Brenda Amonson
Cam Banh
Jasmine Beckman
Rachel Borowski



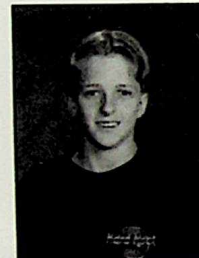
Robert Bruce
Gillian Burkett
Rammond Chandar
Jenifer Cherot
Jessica Duong



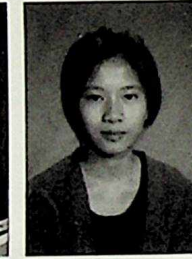
Steven Fermaniuk
Dick Gerritsen
Gregory Grams
Marcella Jackson
James Kilpatrick



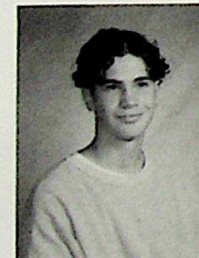
Bryce Kostick
Jolene Kostick
Ryan La
Shanna Lepage
Shelley Lewis



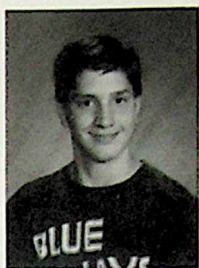
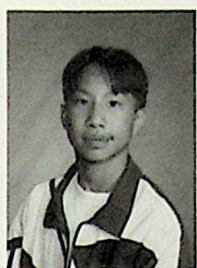
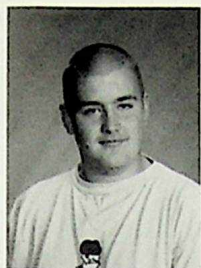
Julia Luong
Karen Mah
Jessica Nicholls
Julie Quan
Candace Quintal



Manuel Sawka
Chau Tran
Elizabeth Truong
Savy Um

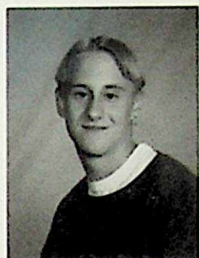
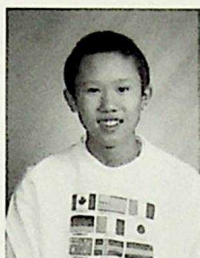


And you cast your fears aside

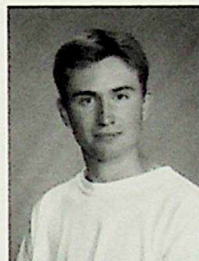
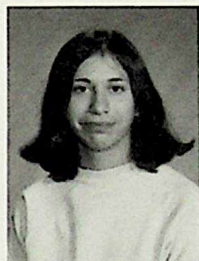
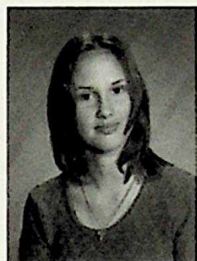
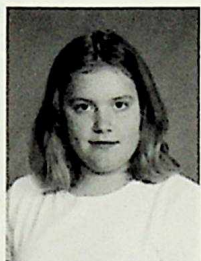


9C

Jason Bootsman
Amy Budinski
Michael Bui
Hector Campos-Silvius



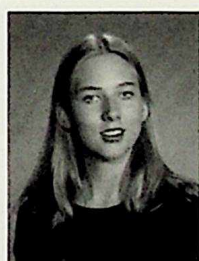
Heather Chappelle
Andrew Chau
Amanda Couture
Ryan Czajkowski
Phuong Dam



Miranda Devries
Minh Doan
Nicole Falconer
Sarah Galloway
Adam Gregory



Robin Heisler
Louise Lam
Noreena Mangal
Michael Reid
Alexis Sopera



Nigel Seabrook
Alisha Shpeley
Kimberley Skolarchuk
Kristen Soroka
Solly Vass



Karlene Wolgemuth

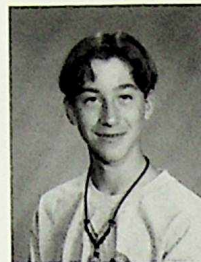
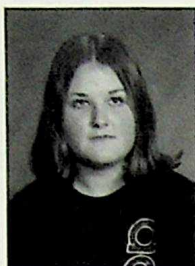
**YOU CAN MAKE
A DIFFERENCE**

And you know you can survive

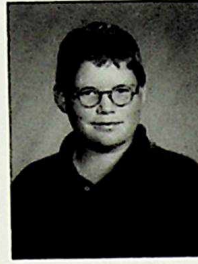
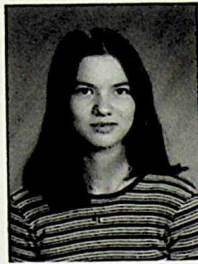
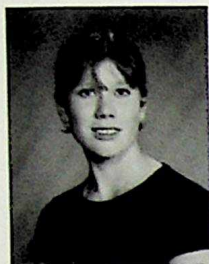


Jennifer Achtymichuk
Chad Berthold
Shawn Bezovie
Jessica Blanchard

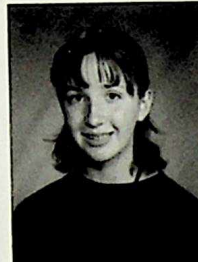
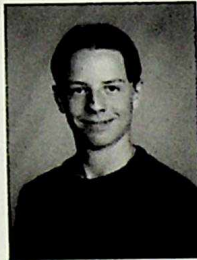
9D



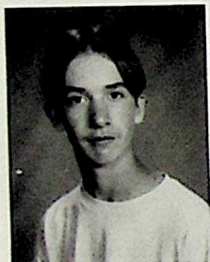
Jennifer Brown
Mathew Brown
Tina Carter
Charles Cermak
Jacob Chun



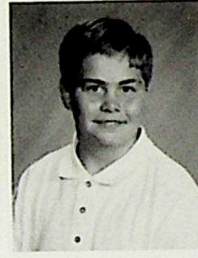
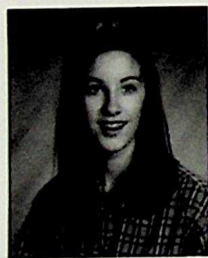
Erin Crawley
Jordan Danyluk
Jonelle Dlin
Morgana Drewicki
Meghan Duffy



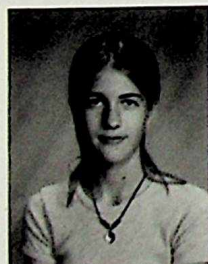
Ryan Gates
Tony Geddie
Jeffry Hamilton
Zara Lafleur
Jade Larenas



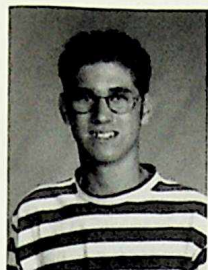
Nicole Lathe
Jason Mudryk
Jeremy Siddon
Lindsay Steele
Amy Weldon



Kristel Wulchuk

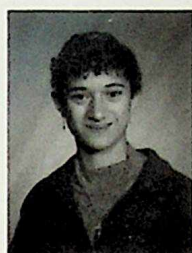
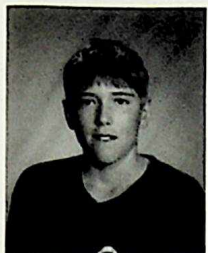


So when you feel like hope is gone

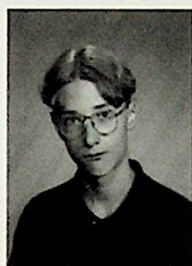
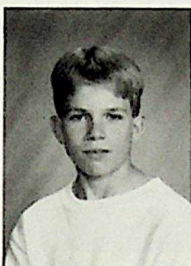


9E

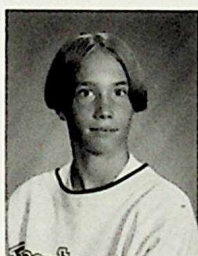
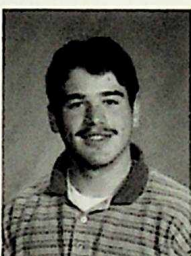
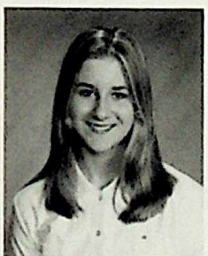
Scott Bevan
Robert Carmichael
Marshneil Chandra
Benjamin Chyz



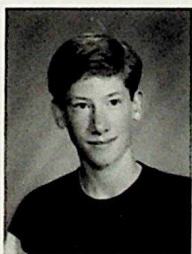
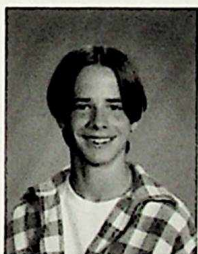
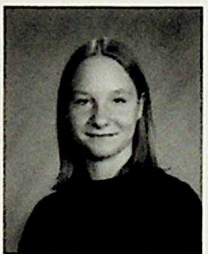
Gregory Cloutier
Crystal Couture
Crystal Dearing
Celina Debicki
Catherine Engelking



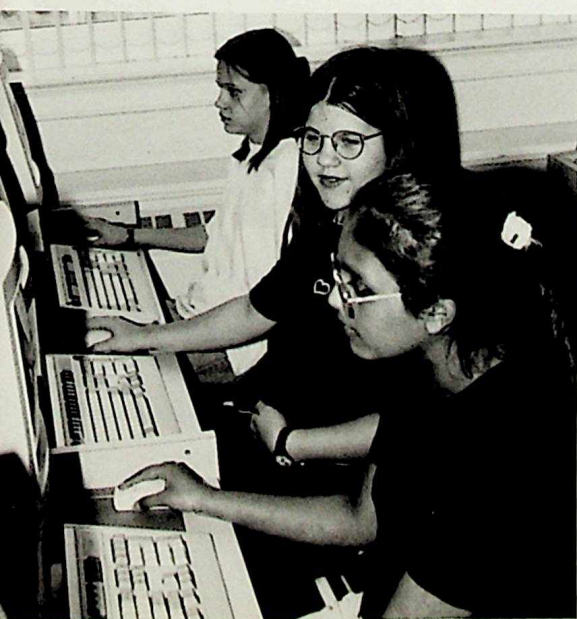
Amanda Gizowski
Tyler Gourgon
Khim Kruiy
Jeffrey Lyseyko
Norelys Martinez-Rivero



Shelley O'hara
Keith Raimundo
Richard Raymond
Nicole Shupenia
Harjinder Sumra



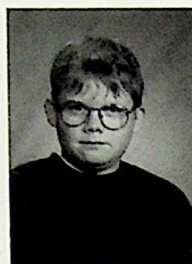
Carmen Symborski
Teneisha Tomlinson
Marc Valcourt
Peter Whyte



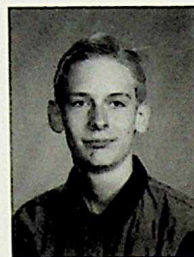
Look inside you and be strong

9F

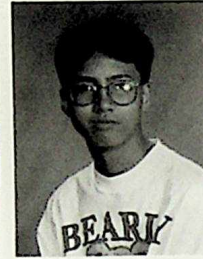
Scott Aseltine
Zachary Blackwell
Shawna Cooper
Roxanne Dunn



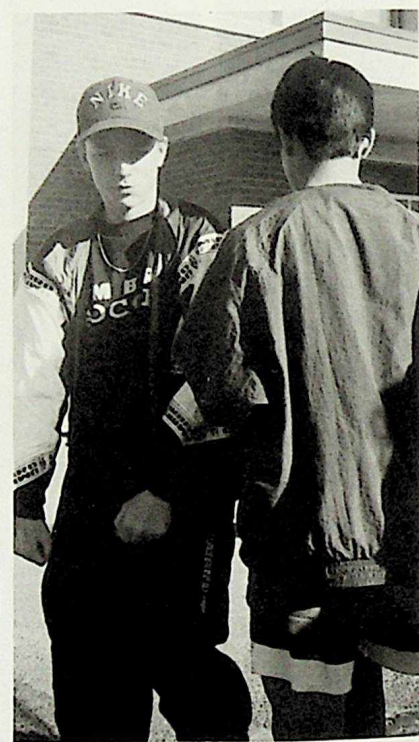
Allison Eigner
Graeme Eigner
Scott Griffin
William Jenkins
Christopher Lake



Rahab Leepile
Tessa Loke
Ryan Mcfarlane
Arrlin Mejia
Nearak Neam

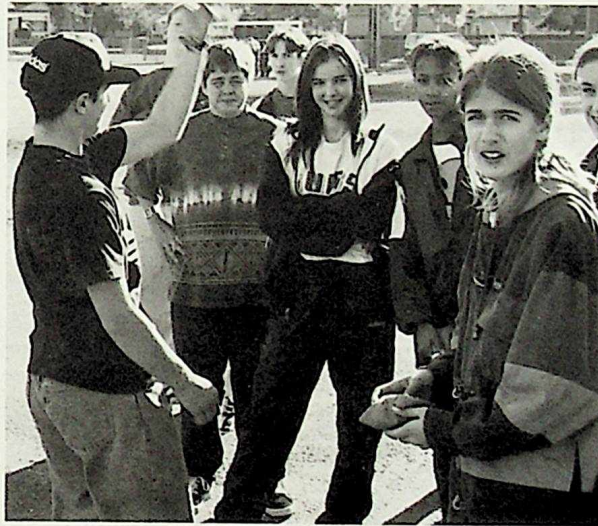
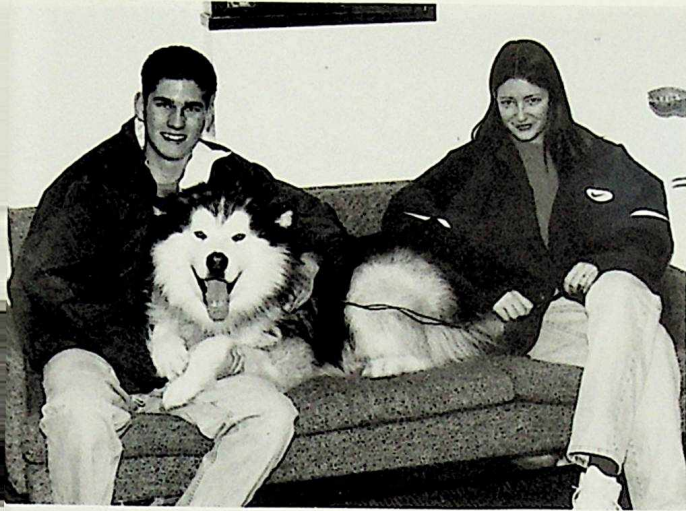


Susan Parkinson
Jaymie Sperry
Alex Yaggey



*And you'll finally see the truth
That a hero lies in you*

GRADE 9 HEROES



FRIGHTENING HEROES



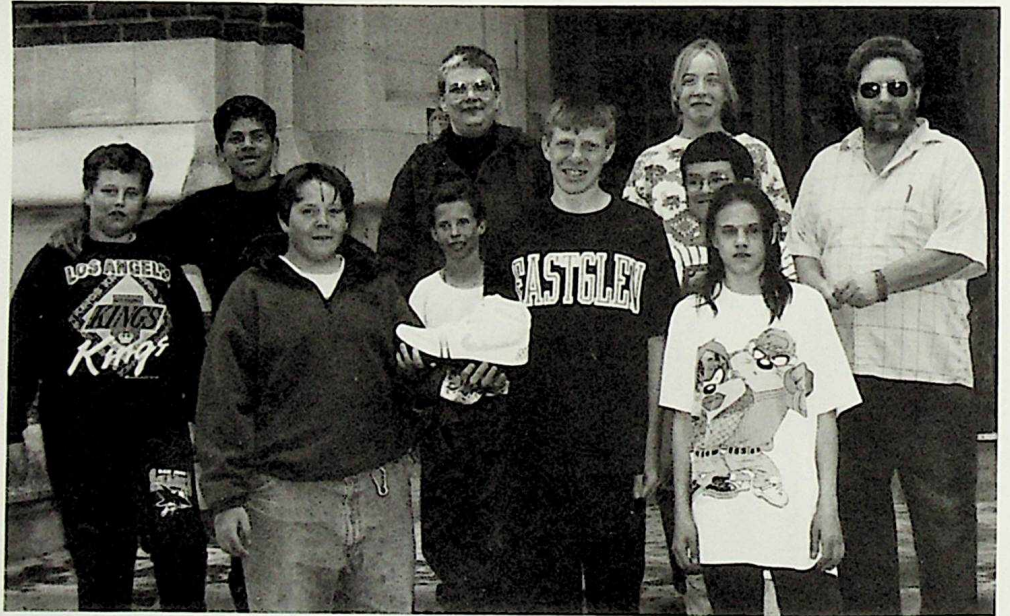
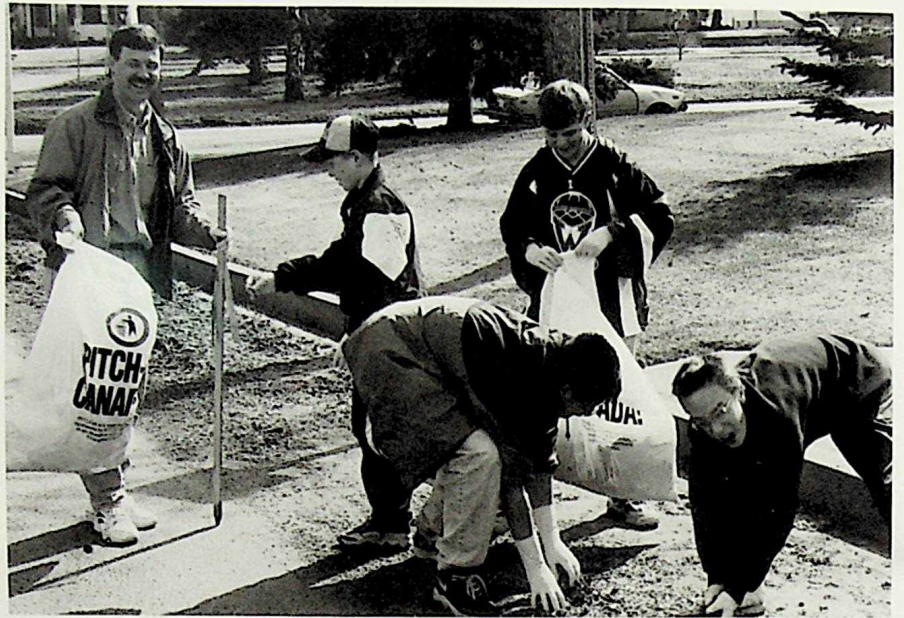
RETIRED HEROES



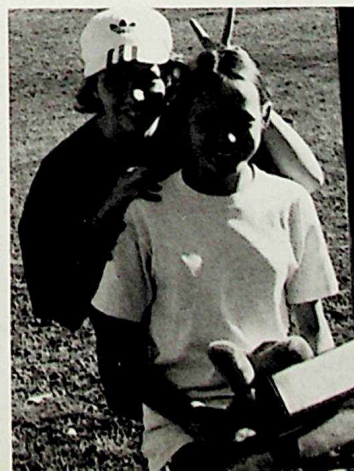
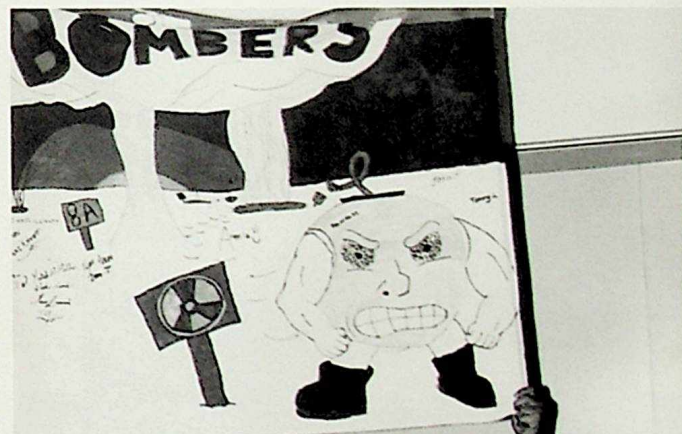
Adopt a Grandparent



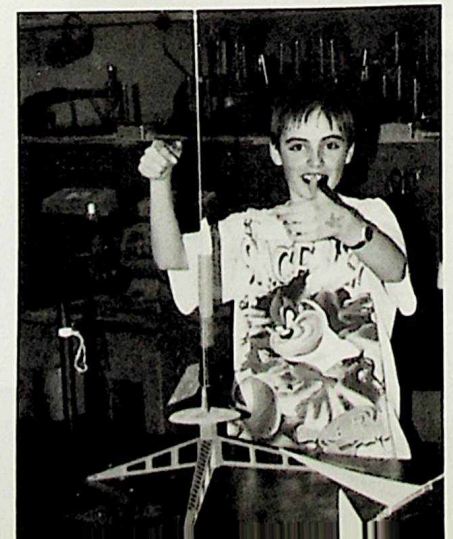
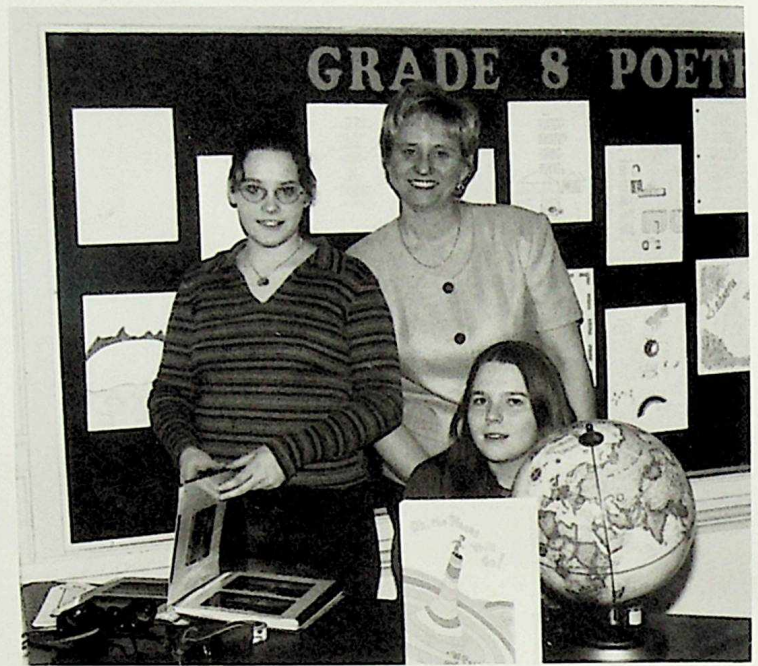
LETTING LOOSE



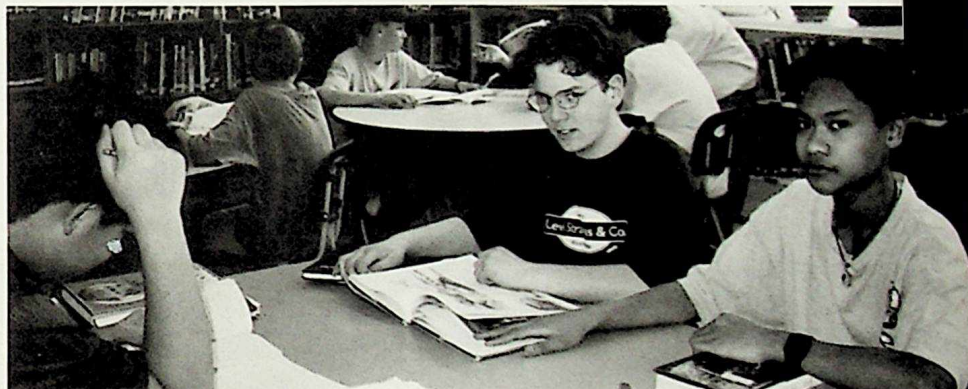
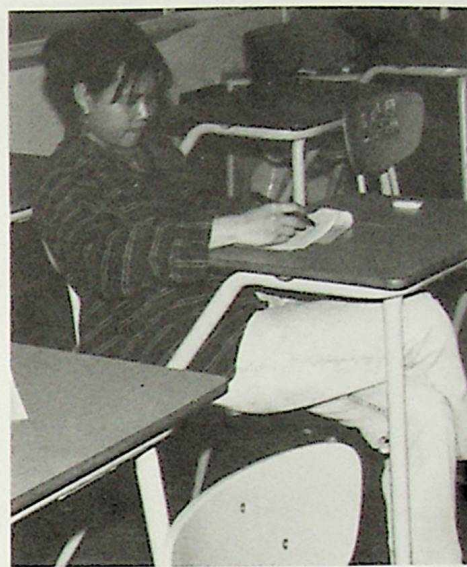
HEROES IN ACTION



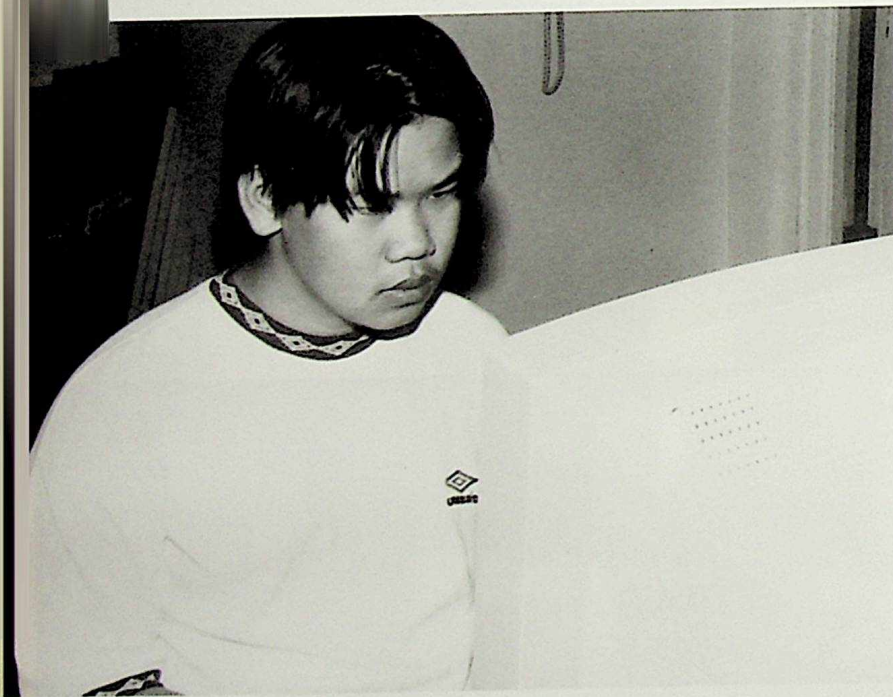
OPENING OUR DOORS



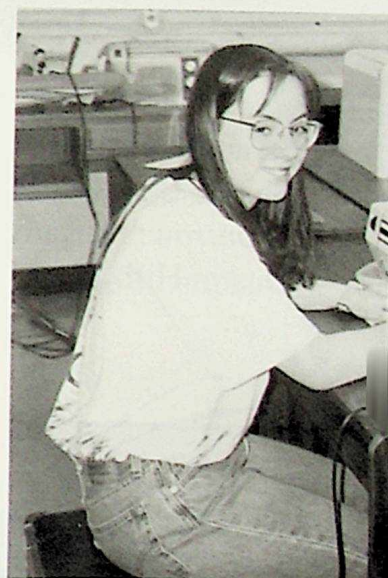
HEROES IN THE CLASSROOM



HAVING FUN IN THE



OPTION CLASSES



SPORTS

SUPERHEROES

Highlands' Soccer Team

Backrow: Ms. Drake (coach), Ben Chyz, Nigel Seabrook, Jesse Trusz, Ryan McFarlane, Keith Raimundo, Ryan Czajkowski, Adam Gregory, Shawn Bezovie, Mr Janisch (coach).

Frontrow: Tiffany Pollard, Tony Geddie, Ricardo Menjivar, Baodang Tran, Dustin Hill.



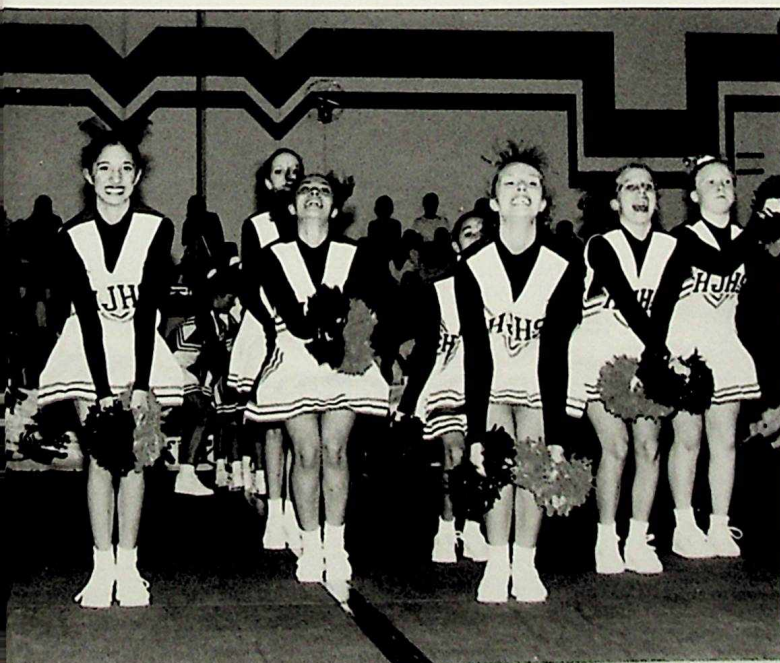
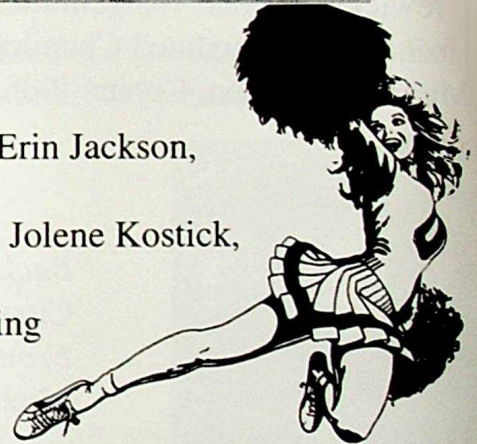


Highlands' Cheer Team

Back Row: Ms. Bourassa, Shileah Cook, Shelly O'Hara, Erin Jackson, Roxanne Dunn, Anna Taylor-Hass, Mr. Locher (coach)

Middle Row: Celina Debicki, Brenda Truong, Jen Cherot, Jolene Kostick, Lindsay Stebbings

Front Row: Nicole Falconer, Alexis Sopera, Crystal Dearing





Senior Girls' Volleyball Team

Back Row: Mrs. Newsham, Jade Larenas, Teneisha Tomlinson, Morgan Drewicki, Karlene Wolgemuth

Front Row: Marshneil Chandra, Heather Chappelle, Rahab Leepile, Michelle Johnson, Crystal Pidhiachuk



Senior Boys' Volleyball Team

Back Row: Mr. Kozak, Jason Bootsman, Matt Brown, Tim Pruden, Greg Cloutier, Mr. Radmanovich

Front Row: Andrew Chau, Charles Cermak, Jacob Chun, Derek Gates, Michael Bui





Senior Boys' Basketball Team

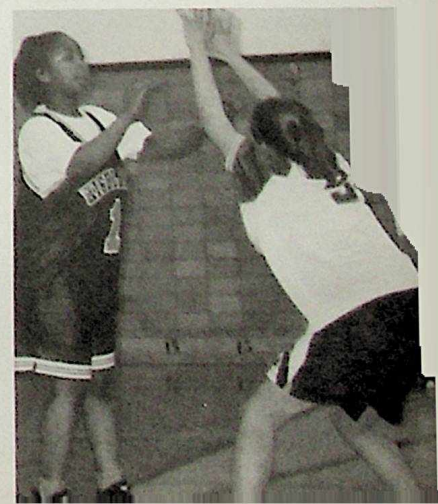
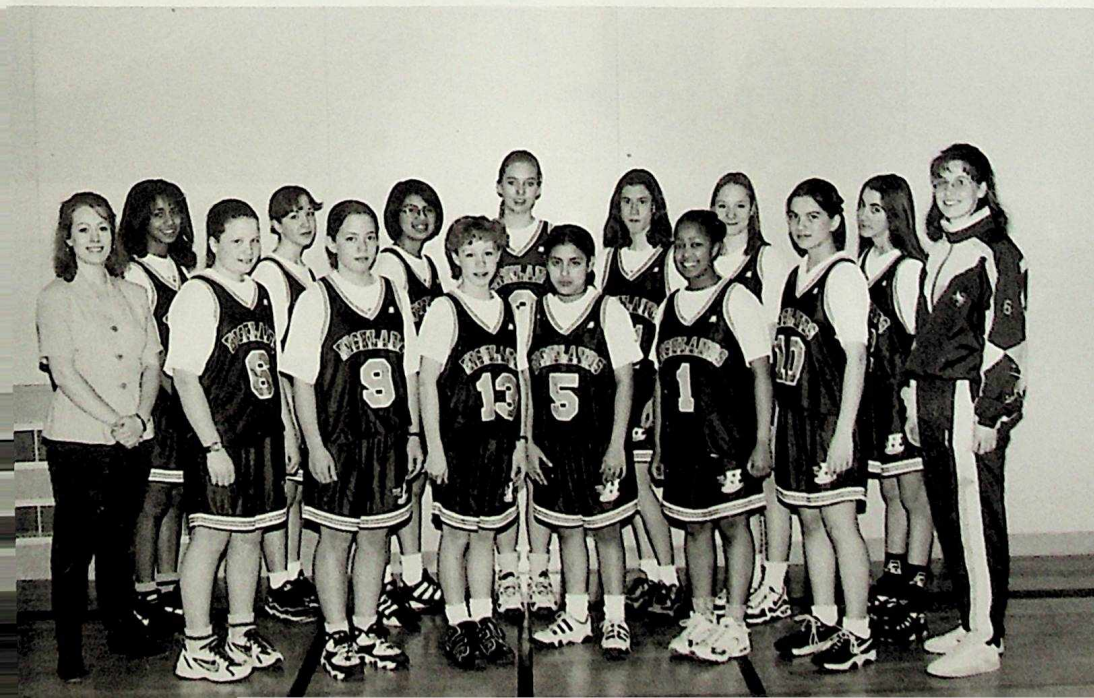
Backrow: Matt Brown, James Kilpatrick, Roger Ulrich, Tim Pruden, Richard Gerritsen, Mr. DeLong (coach).

Frontrow: Nicolas Lathe, Mr. Kozak (coach), Paul Kuperus, Sam Bor, Matt Bonko, Jacob Chung, Ryan Czajkowski, Derrick Gates

Senior Girls' Basketball Team

Backrow: Jonelle Dlin, Morgana Drewicki, Arrlin Mejia, Sarah Smith, Carmen Symborski, Kira Paran, Ms Drake (coach).

Frontrow: Ms. Woolston-Young (coach), Lacey Bennett, Michelle Johnson, Tiffany Pollard, Onice Mejia, Rahab Leepile, Tina Carter.





Junior Girls' Basketball team

Backrow: Ava Boleska, Nikki Poppe, Crystal Raab, Saleema Khan, Keri-Ann Kozmak, Randi Enright, Amy Herity, Serina Marchesi, Ms. Woolston-Young (coach)

Frontrow: Natalie Nowicki, Anna-Marie Weir, Natasha Bandura, Ann Pham, Rosanna Tu, Olivia Fong, Crystal Sham

Junior Girls' Volleyball Team

Backrow: Stephanie Kozuchowski, Cindy Quach, Alicia Houwing, Vanessa Maiko, Kristena Owen, Crystal Raab, Mrs. W Sorenson.

Frontrow: Crystal Sham, Rosanna Tu, Keri-Ann Kozmak, Tiffany Pollard, Jacklyn Bruce, Angela Jordahl.



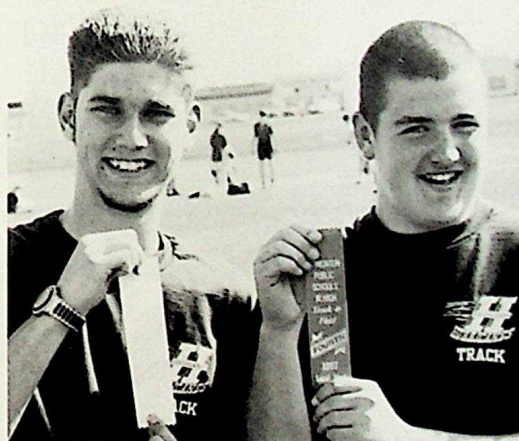


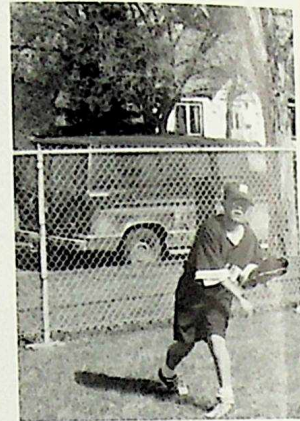
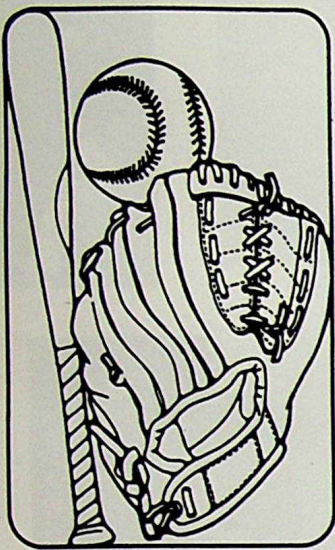
Journal Games

Backrow: Mrs. Newsham, Kiel Hanks, Jeffrey Strone, Michael Griffin, Lisa Francis.

Frontrow: Amanda Bootsman, Ryan Williams, Jason Strome, David Young, Danielle Gates.

Missing: Dennis Ma, Henry Kha, Andy Olszewski, Steven Lundin

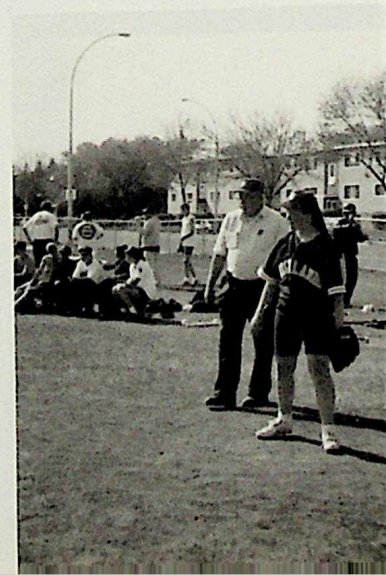
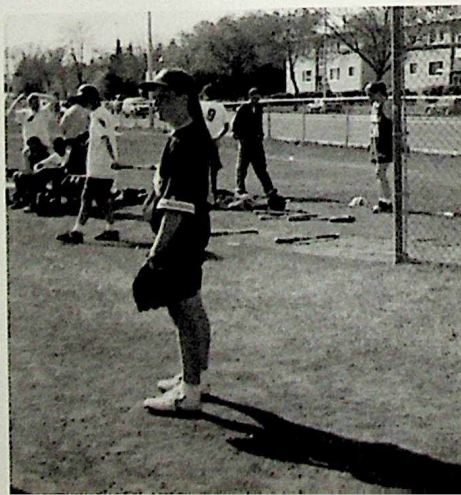


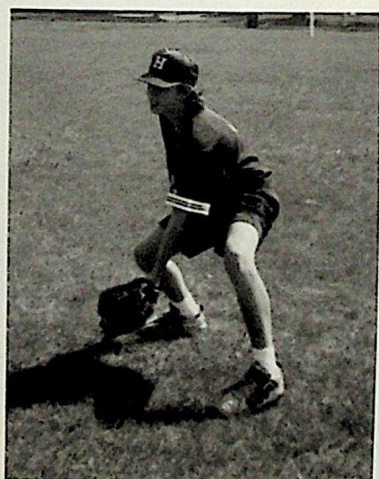
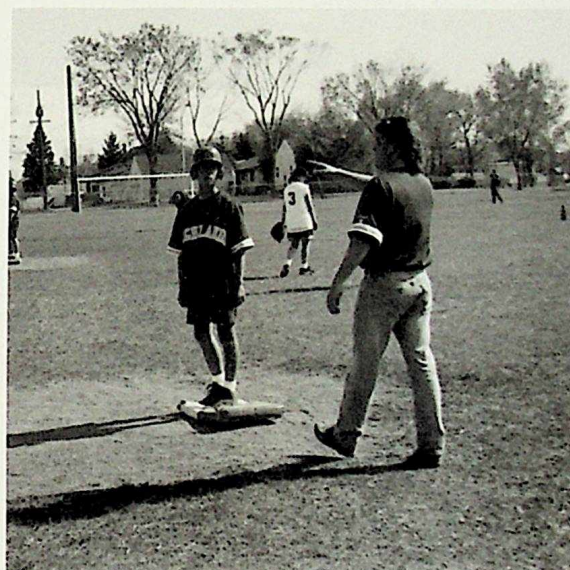
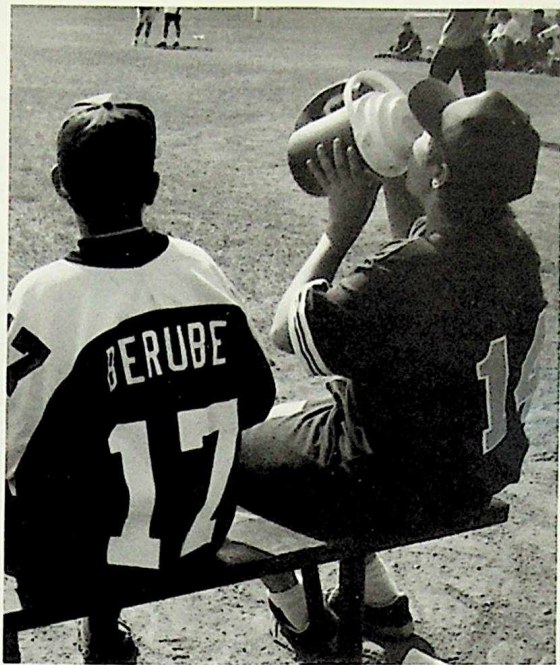


HIGHLANDS SOFTBALL TEAM

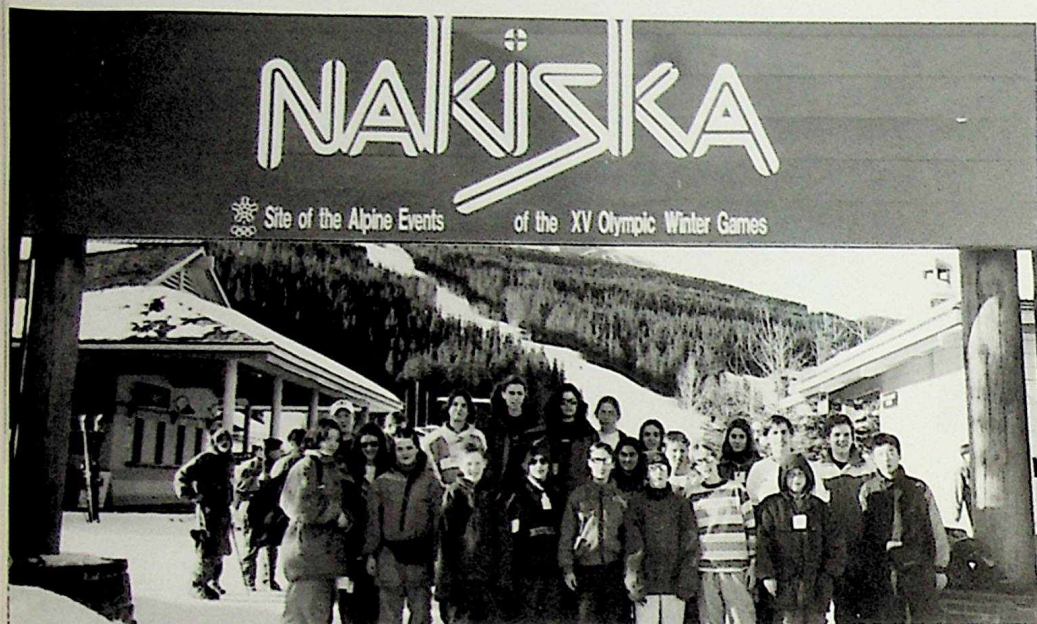
Lacey Bennett	Steve Greenaway
Charles Cermak	Michael Griffin
Clayton Chenoweth	Michelle Johnson
Jacob Cheung	James Kilpatrick
Colleen Dumont	Danny O'Dell
Chris Dunlop	Jonathon Schnieder
Tim Duong	Angela Schonderbeek
Thomas Fjellstrom	Jeremy Sidon

Mr. Mike Delong, Mr. Curtis Kozak, Miss Jenn Wilson

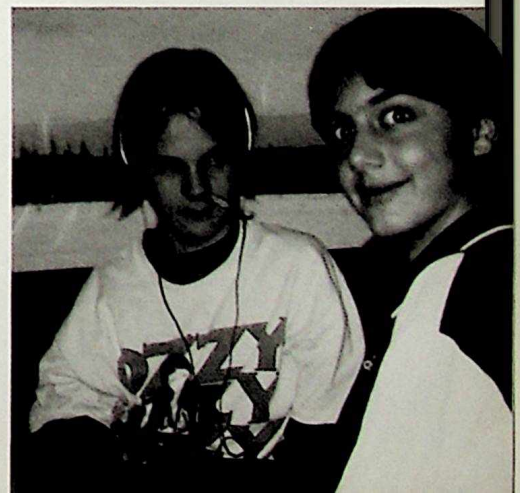




HEROES



CHILLING OUT



CAPTURING HEROIC MOMENTS

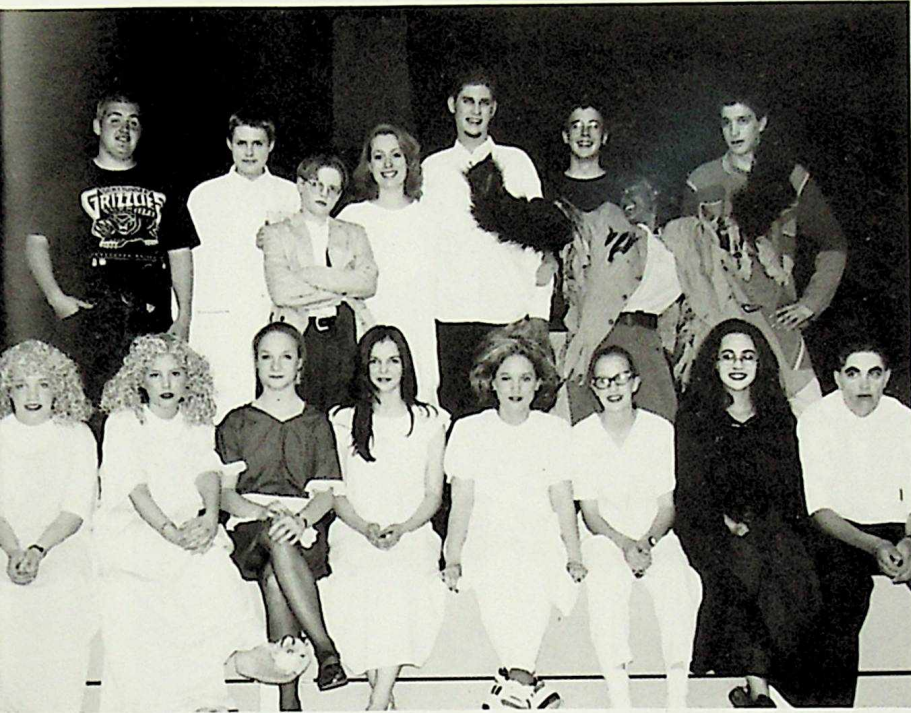


Yearbook Committee

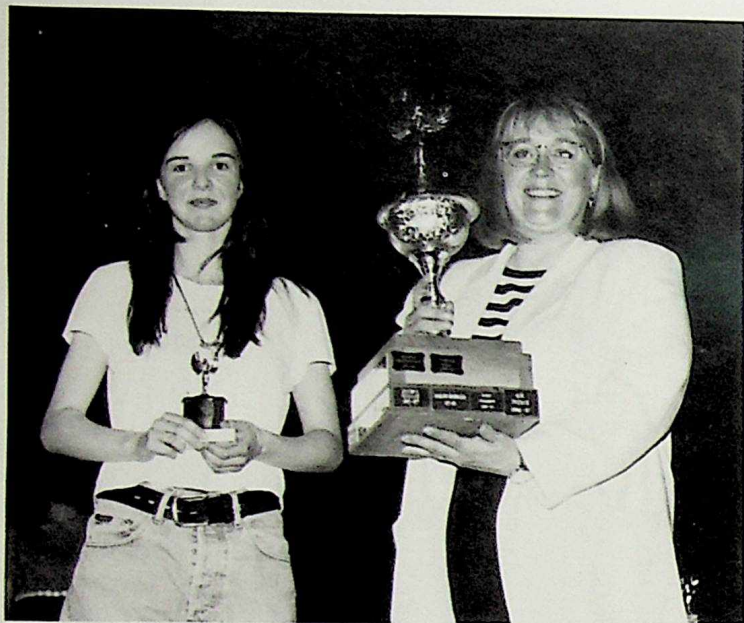
Backrow: Crystal Pidhaichuk, Sarah Ngo, Kristena Owen, Mrs. Becker
Frontrow: Miss Williams, Diana Cao, Erin Jackson, Stephanie Kozuchowski, Crystal Raab, Keri-Ann Kozmak



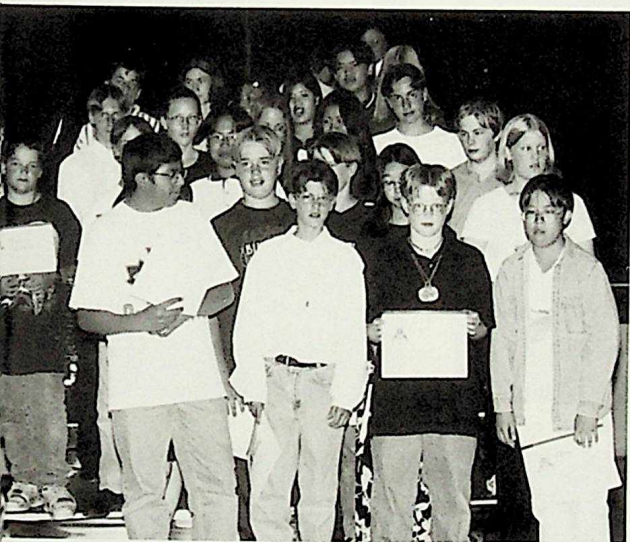
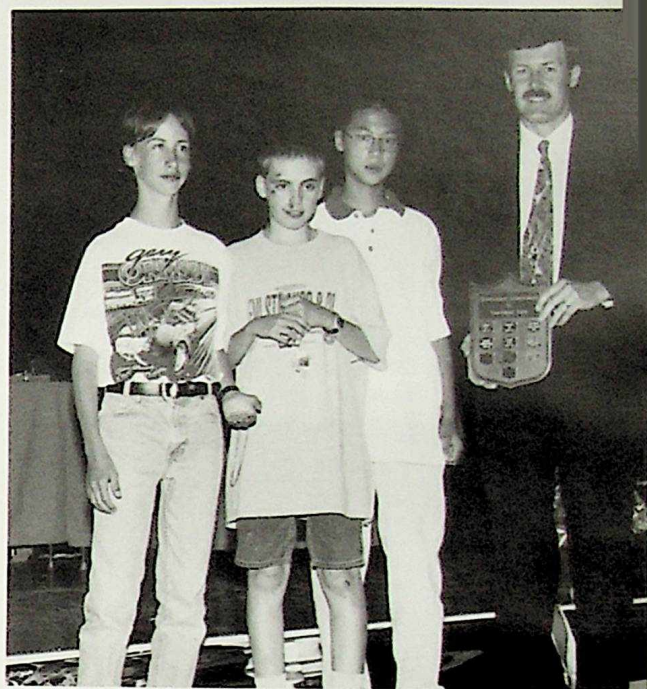
DRAMATIC HEROES

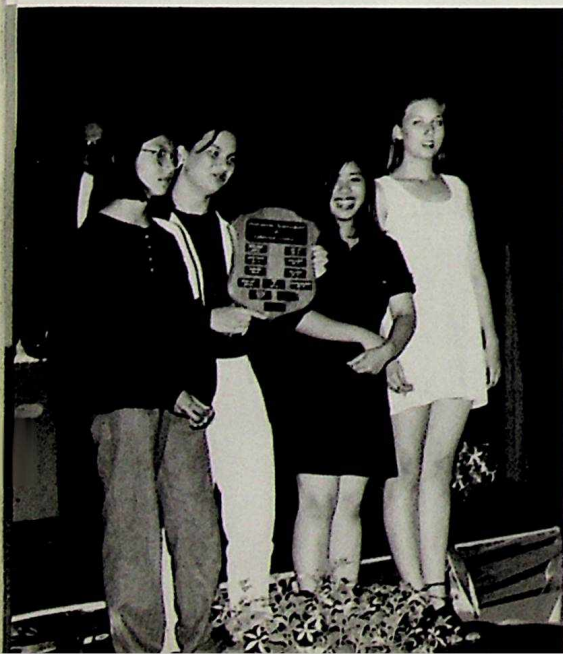
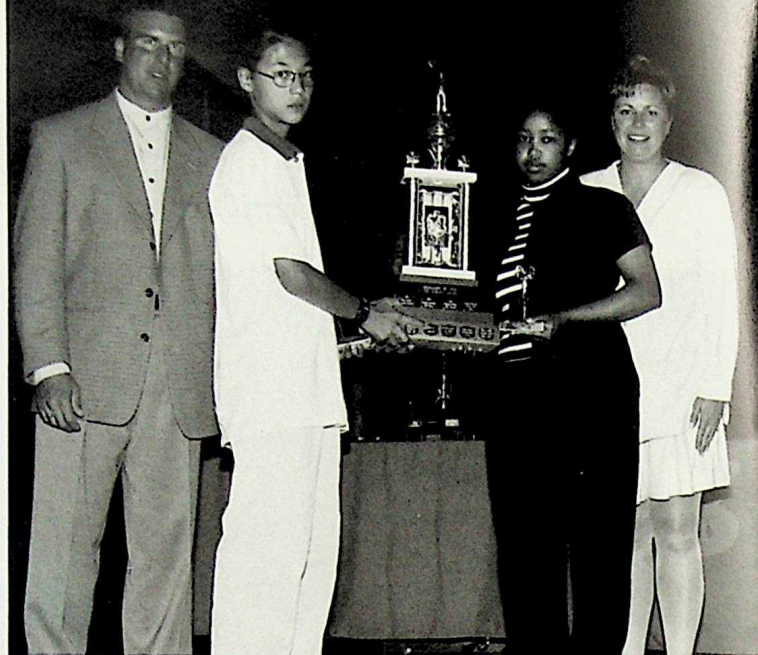
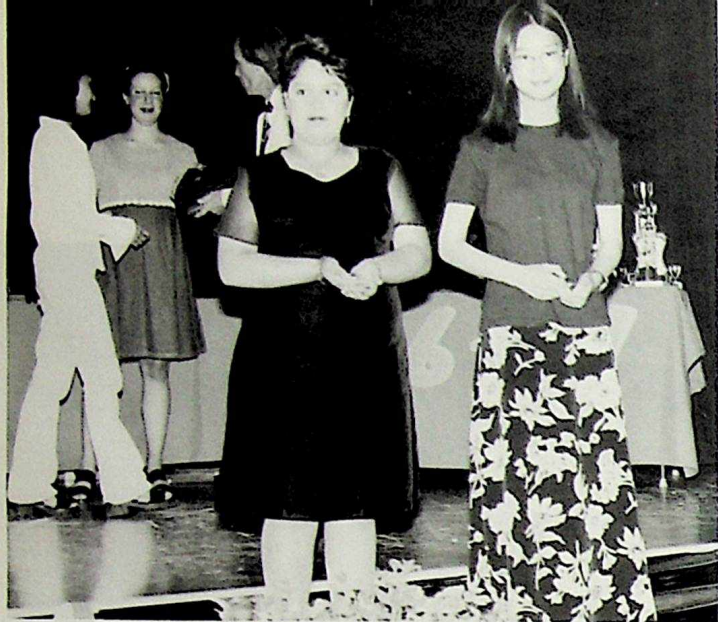


HONOURABLE



HEROES





Highlands Pride



THE WINNER IS...

TOP OUTSTANDING ACHIEVEMENT IN CORE SUBJECTS

Math

Grade 7 Diana Cao
Grade 8 Crystal Sham
Grade 9 The Nick Tkachuk Trophy
..... Scott Griffin, Jacob Chun

Language Arts

Grade 7 Natalie Nowicki
Grade 8 Matthew Bonko
Grade 9
Phyllis Olchoway Memorial Award & \$100
Bursary Tina Carter

Science

Grade 7 Diana Cao
Grade 8 Matthew Bonko
Grade 9 Andrew Price Trophy
..... Tina Carter

Social Studies

Grade 7 Diana Cao
Grade 8 Matthew Bonko
Grade 9 The Pat Dawson Trophy
..... Elizabeth Truong

Physical Education

Grade 7
Jonathan Schneider, Kira Paran
Grade 8 Tim Pruden
..... Angela Schoonderbeek
Grade 9 James Kilpatrick
..... Tina Carter

TOP OUTSTANDING ACHIEVEMENT IN NON CORE SUBJECTS

Art

Grade 7 Shelly Berezanski
Grade 8 Olivia Fong
Grade 9 Phuong Dam

Computer Studies

Grade 7 Diana Cao
Grade 8 Crystal Sham, Rosanna Tu
Grade 9 Tina Carter

Drama

Grade 7 Andy Olszewski
..... Sara Campos-Silvius
Grade 8 Andrew Blakely
..... Jamie McCartney
Grade 9 Hector Campos-Silvius
..... Allison Eigner

Extended Physical Education

Grade 9 Adam Gregory

French

Grade 7 Sam Bonko
Grade 8 Matthew Bonko
Grade 9 Elizabeth Truong

Home Economics

The Mary Costigan Trophy

Grade 7 Kira Paran
Grade 8 Michelle Johnson
Grade 9 Catherine Engelking

Science Option

Grade 9 Marshneil Chandra

Outdoor Education

Grade 7 Lawrence McClure

Grade 8 Sy Nguyen
Grade 9 Robert Bruce

Industrial Education

Grade 7 Tyler McDermand
Grade 8 Robert Lupul
Grade 9 Jacob Chun

Service Option

Grade 9 Alexis Sapera

SPECIAL RECOGNITION AWARDS

Outstanding Achievement in
Opportunity Class Robbie Blair

Monarchist League Award & Bursary.
..... Petal Hutchinson
..... Amanda Paquette

Citizenship Awards

Grade 7 Natalie Nowicki
Lawrence Zinati, Sam Bonko
Grade 8 Andrew Blakely
Ashley Vaughan, Matthew Bonko
Grade 9 Chau Tran, Jacob Chun
..... Robbie Blair

Anne Coultman Trophy Jade Larenas
Top Students' Council Member
..... Alexis Sapera

Top Athletic Award

Jacob Chun, Rahab Leepile

Service to the Library Chau Tran
The Elmer Breitzkreuz Trophy

..... Crystal Grant

The Hal Fricker Memorial Award &
\$100 Bursary Tina Carter

The Norm Jaques Trophy Jade Larenas

HONORS 1996/97

Grade 8

Berezanski, Shelly Nilson, Ashley
Billey, Lorissa Nowicki, Natalie
Bonko, Samuel Olszewski, Andy
Campos Silvius, Paran, Kira
Sara Pham, Ann
Cao, Diana Pidhaichuk,
Chong, Pringle Crystal
Fong, Newton Ridgway, Karen
Franzen, Kyle Sahajpal, Umesh
Gillespie, Laura Schneider,
Jackson, Erin Jonathan
Jerrard, Peter Shostak, Amy
Kha, Henry Tang, Dennis
Lathe, Nicolas Taylor-Haas, Anna
Lawton, Meryl Truong, Brenda
Ma, Chao Tu, Sam
Ma, Dennis Vu, Lisa
McClure, Weir, Anna-Marie
Lawrence Young, David
Moc, Ronny
Ngo, Sarah

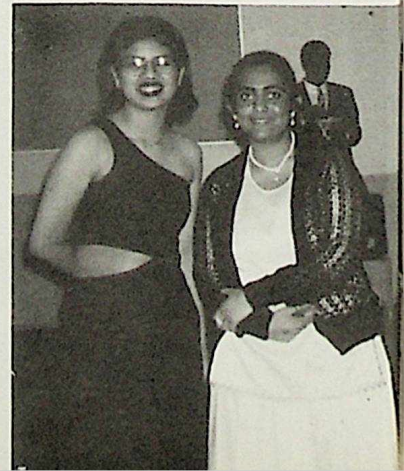
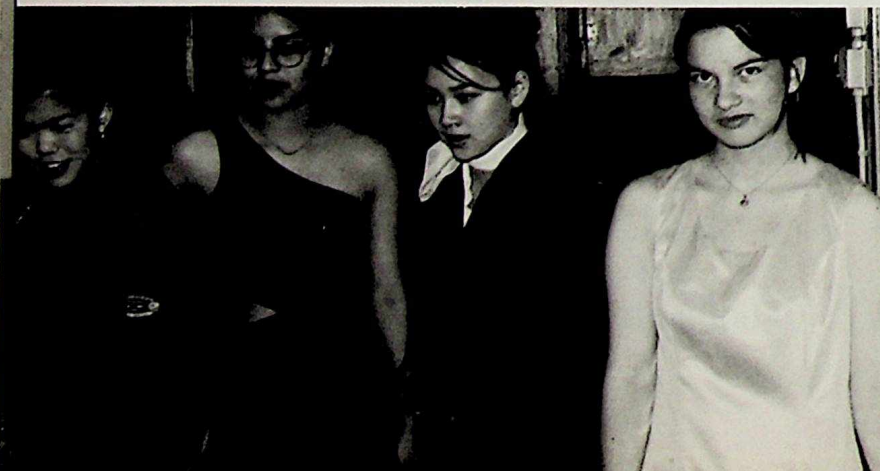
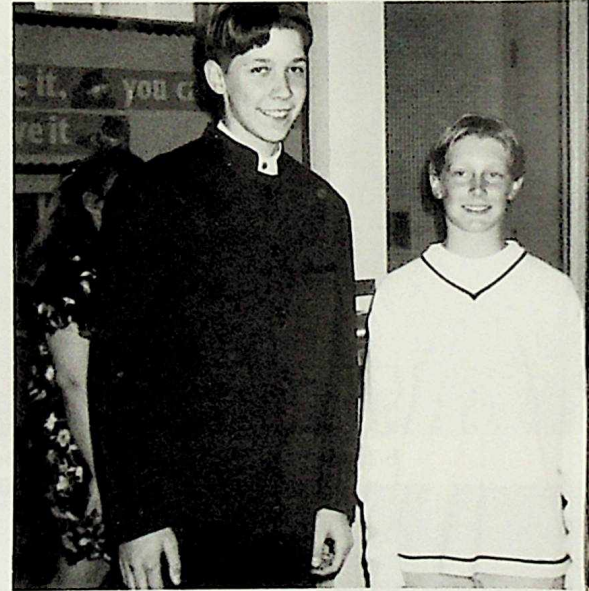
Grade 8

Blakely, Andrew Neigel, Andy
Bonko, Matthew Nguyen, Sy
Chandra, Vimal Olsen, Kelly
Chu, Steven Orgill, Trisha
Dumoncaux, Dina Pruden, Tim
Fong, Olivia Purpur, Kyle
Gates, Derrick Raab, Crystal
Hui, Lisa Sham, Crystal
Johnson, Michelle Smith, Sarah
Kozuchowski, Tasker, Nate
Stephanie Tu, Kent
Lawton, Tait Tu, Rosanna
Lee, Vincent Tyler, Stephanie
Lupul, Robert Ung, Thang
McEachern, Matt Wheeler, Brianne
Neam, Nearint

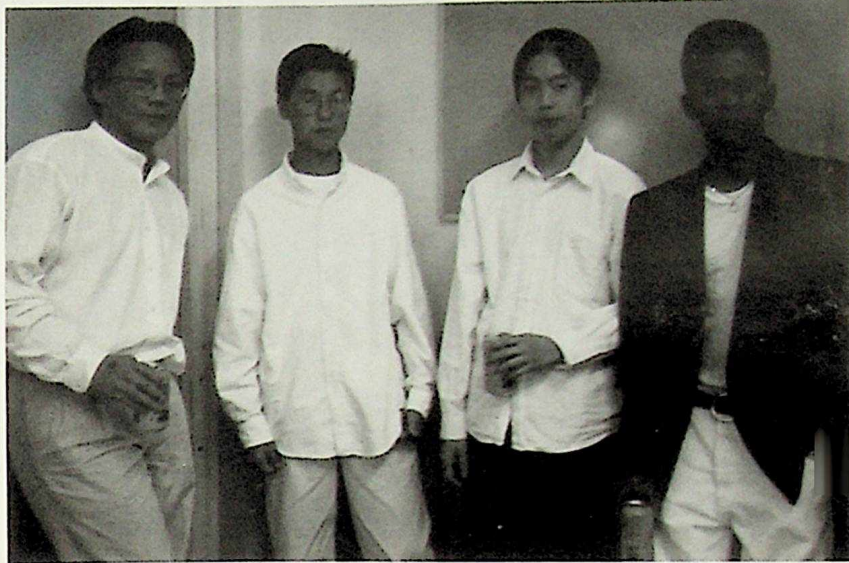
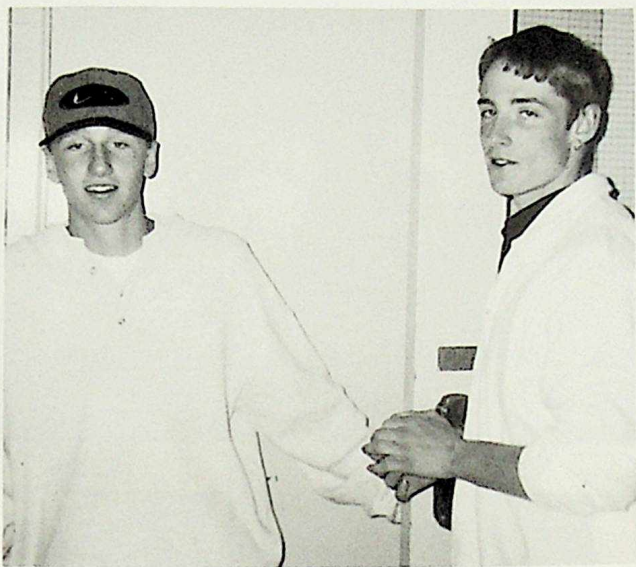
Grade 9

Beckman, Jasmine Larenas, Jade
Burkett, Gillian Lathe, Nicole
Carter, Tina Mah, Karen
Chandra, Nicholls, Jessica
Marshneil Quan, Julie
Chun, Jacob Siddon, Jeremy
Dam, Phuong Soroka, Kristen
Dlin, Jonelle Sumra, Harjinder
Doan, Minh Symborski,
Engelking, Carmen
Catherine Tomlinson,
Galloway, Sarah Teneisha
Jackson, Marcella Tran, Chau
Kilpatrick, James Truong, Elizabeth
Kostick, Jolene Whyte, Peter
Kostick, Bryce Wolgemuth,
La, Ryan Karlene
Lam, Louise Wulchuk, Kristel

HEROES



MOVING ON



HEROES

*There's a hero
If you look inside your heart
You don't have to be afraid
Of what you are
There's an answer
If you reach into your soul
And the sorrow that you know
Will melt away*

*And then a hero comes along
With the strength to carry on
And you cast your fears aside
And you know you can survive
So when you feel like hope is gone
Look inside you and be strong
And you'll finally see the truth
That a hero lies in you*

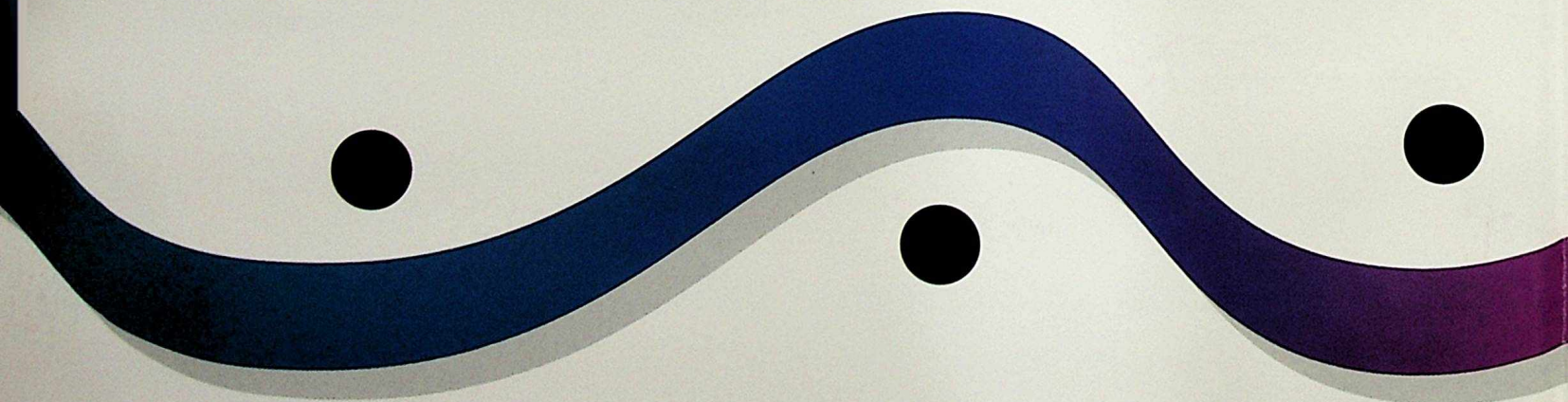
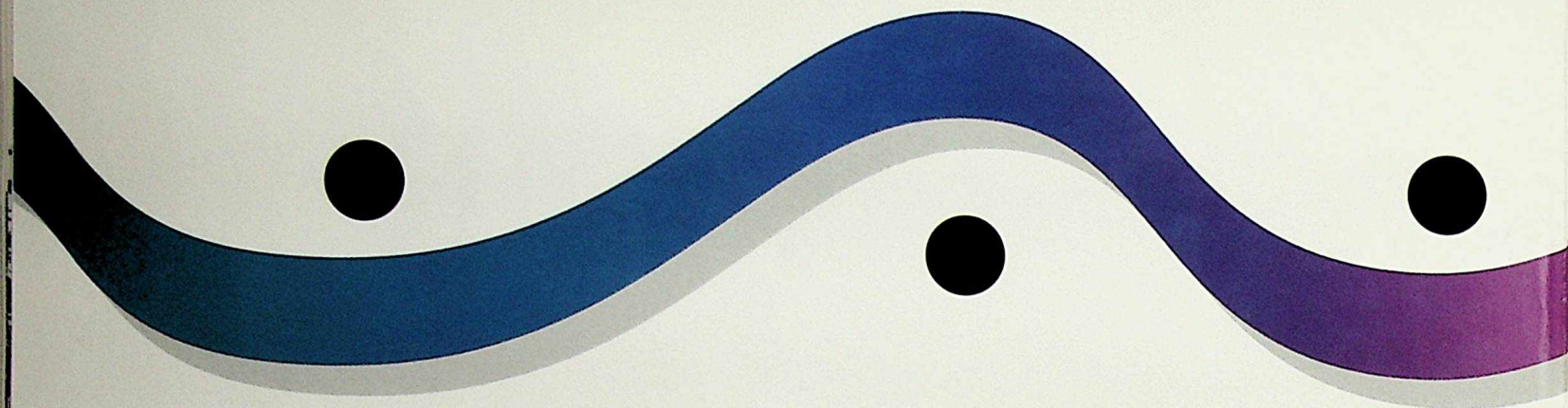
*It's a long road
When you face the world alone
No one reaches out a hand
For you to hold
You can find love
If you search within yourself
And the emptiness you felt
Will disappear*

*And then a hero comes along
With the strength to carry on
And you know you can survive
So when you feel like hope is gone
Look inside you and be strong
And you'll finally see the truth
That a hero lies in you*

*Lord knows
Dreams are hard to follow
But don't let anyone
Tear them away
Hold on
There will be tomorrow
In time
You'll find the way*

*And then a hero comes along
With the strength to carry on
And you cast your fears aside
And you know you can survive
So when you feel like hope is gone
Look inside you and be strong
And you'll finally see the truth
That a hero lies in you*

*Lyrics: Mariah Carey
Music: Mariah Carey, Walter Afanasieff*





1997

The image features a stylized representation of the year 1997. The digits are rendered in a bold, graphic font with thick black outlines and drop shadows. The '1' is yellow, the '9' is purple, the first '9' is blue, and the '7' is magenta. The entire year is set against a white background with a black border. Decorative elements include a magenta wavy line at the top and bottom, a horizontal row of teal dots, and two black dots on the left side.

